

July/August 2015  
Volume 19, Issue 4

# PARALOG

Oregon Paralyzed Veterans of America



Paralyzed Veterans  
of America

Oregon Chapter

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### OPVA Mission

Oregon Paralyzed Veterans of America is committed to taking those actions necessary to improve the quality of life and to protect the rights of spinal cord injured or neurologically impaired veterans through: veterans benefits protection; advocacy; legislation; sports and recreation; hospital liaison and spinal cord research.

### Vancouver VA Primary Care Contact Phone Numbers

(360) 696-4061 ext. 31665

(503) 220-8262 ext. 31665

(800) 949-1004 ext. 31665

### After Hours Number

(888) 233-8305

### Portland VA Contact Phone Number

(503) 273-5308

### Patient Advocates

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## National Service Officer

Ken Fink

(800) 795-3627

Fax: (503) 412-4763

Do you need assistance with your claims  
or benefits?



**Paralyzed Veterans  
of America**

The views and opinions expressed in the Paralog are not necessarily a direct representation of the views or ideas of the Oregon Paralyzed Veterans of America who hereby disclaims any responsibility for opinions expressed by contributors and printed in the Paralog.



## President's Greeting

Terry Brown—President

Come one, come all, and check it out, the opportunities to get out and about among friends. Deep Sea Fishing, Car Shows, Trap Shooting, Cruise-In, Membership Picnic and even a car raffle! I like having choices and that's OPVA in a nutshell this summer. Don't complain about not having anything to do and DO NOT forget about our sports and recreation fund. Although I must say, "Too much of a good thing can be bad for you," especially with the heat. Preparation is the key to beat the heat by dressing with lighter clothing, keeping your fluids up and finding a place to cool down. I enjoy wheeling around town in my chair when the weather heats up and by mid-afternoon I will start going from shade tree to shade tree to keep cool until I get to my air conditioned home.

On a more serious note, all of the membership should have received a nomination form for the upcoming elections. Any member can be nominated, you can even nominate yourself if you like. The election committee is responsible for ensuring the nominees are ready, willing and able to serve. We always benefit from the wisdom gained through the experience of others. Think about it,

this is not a job where you show up and get paid for your work, (that would be great...sometimes,) but you know as well as I do that there are some things that just can't be done day in and day out. This is an opportunity to serve and give back to your fellow veterans and the communities in which they live. Please fill out your nominations and mail it back to us. Your participation in this process is very important to us.

As of June 30th Paul Daulke has finished his three year term as our National Director and Bill Grey has taken his place. Bill will be attending the Class II National Directors training session this coming September. Paul will be taking some well-deserved time off away from the chapter and I wish all the best for him. Government Relations and Advocacy is looking for volunteers to be the eyes and ears for ADA issues in your communities. After 25 years there are certainly plenty of ongoing difficulties yet to be resolved. Never put off something for tomorrow that can be done today, otherwise it might come back to bite you. Whatever you do the rest of this summer, look for the good in everybody and enjoy your life.





## Vice President's Greeting

Bill Blake—Vice President

Any day is a wonderful day to be outside! Over 40 disabled veterans took advantage of a VA sponsored Golf Clinic at Pumpkin Ridge Golf Course in North Plains. There were 8 golf professionals there to help the vets feel comfortable trying to hit that little white ball. We started out with putting and most of us didn't do so well at the start, but by the end of the 35 minute session we weren't doing all that badly. Next we went to the

pitching green. Must admit we hit a few balls all the way over the green. But once again, practice helps. We stopped for a few minutes for a lunch provided by the VA. Then on to more practice. The whole day was great fun, put on by some great people. There will be another clinic later this summer. Watch the Paralog or our website for details



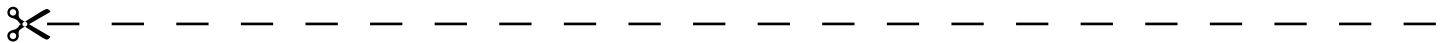
## Take a Solider Fishing Event

Bill Blake—Vice President



Middle of June brought us the fifth annual TAKE A SOLDIER FISHING DAY at Haag Lake near Gaston. It was a little overcast, but warm enough for everyone to have a great time. Thirty five boat owners brought their boats to the lake to give over 100 veterans

a chance to go fishing. Some arrived at 5:30 and got an early start. About noon everyone was hungry for lunch. Hamburgers and German Sausages were barbecued on a huge Traeger barbecue. Plenty of salads, chips and soda made it a great picnic. It goes to show, that with a little effort anything is possible.



## OPVA Members

Please update your information:

(Please Print)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Please Return to:**

Oregon Paralyzed Veterans of America, 3700 Silverton Rd. NE, Salem, OR 97305

or email the information to [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org)

# Donation Form

Support your local

## Oregon Paralyzed Veterans of America

Oregon PVA is a 501(c)(3) Non-profit  
Federal Tax I.D. #93-0713859

To mail in your donation, fill out this form and make checks payable to: Oregon PVA or visit our website to set up a payment or reoccurring payment.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Program requested to support:

- |                                           |                                             |                                             |
|-------------------------------------------|---------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Legislation      | <input type="checkbox"/> Recreation         | <input type="checkbox"/> Parking Enforcment |
| <input type="checkbox"/> Sports           | <input type="checkbox"/> Community Outreach | <input type="checkbox"/> Membership         |
| <input type="checkbox"/> Hospital Liaison | <input type="checkbox"/> Advocacy           |                                             |



3700 Silverton Rd. NE  
Salem, OR 97305  
503-362-7998







The United States Curling Association will be hosting the 2015 National Wheelchair Curling Team Pre-Trials at the Four Seasons Curling Club, USA Curling's National Training Center, in Blaine, Minn., Aug. 20-23. This event will consist of individual skill shots as well as game play during the U.S. Wheelchair Curling National Bonspiel.

Throughout the Trials, participants will be assessed, interviewed and ranked by the Player Selection Committee regarding their curling abilities via skill shot analysis and game play as well as other qualities including on- and off-ice behavior, team dynamics and practice regimen.

**The event schedule is as follows:**

**Thursday, Aug. 20:**

- Practice ice available 9 a.m. – 2 p.m.
- Skills Testing 2:30 p.m. – 6 p.m.
- Thursday Evening: Interviews

**Friday, Aug. 21:** Wheelchair National Bonspiel

**Saturday, Aug. 22:** Wheelchair National Bonspiel continued

**Sunday, Aug. 23:** Wheelchair National Bonspiel continued

- Finals approximately 1 p.m.
- Awards presentation to follow

\* Additional Skills evaluation and interviews may be conducted Friday-Saturday.

Pre-Trial Selection Committee:

- Steve Brown – U.S. National & Paralympic Wheelchair Coach
- Marc DePerno – U.S. National Wheelchair Outreach & Development Program Director
- Tony Colacchio – Assistant Wheelchair Coach and Trainer
- John Benton – U.S. National Coach, 2010 Olympian

The panel will select the top seven athletes at the end of the competition. These seven athletes will then be invited to join the five members of the 2015 National Team to compete in the 2015-16 National Wheelchair Curling Team Trials. This event will be held in Wausau, Wis., Nov. 6-8, 2015. There, the selection panel will select the top five athletes at the end of the competition to represent Team USA at the 2016 World Wheelchair Curling Championship Feb. 21-28 in Lucerne, Switzerland.

The registration fee for the Pre-Trials, which includes the registration fee for the National Bonspiel, is \$75.

The deadline for registration is July 20, 2015. To register, go to <https://usacurling.wufoo.com/forms/mnqfk0o0cvwhqf/>.

---

The first ever U.S. Wheelchair Curling National Bonspiel will take place in Blaine, Minn., on Aug. 20-23.

All wheelchair curling athletes that have demonstrated the ability to play regulation curling games are encouraged to register for this Bonspiel.

Athletes will register into the Bonspiel as individuals (no team entries). All teams will be developed using a draft system in which current members of the National High Performance Program will serve as skips and select their teams. This will provide for as equally matched teams as possible. There will be multiple events (number will be determined based on the number of entries) with all participants receiving an award.

All athletes are also eligible to register for the National Pre-Trials. Registration for the Pre-Trials is necessary if you wish to be evaluated to potentially qualify for the 2016 National Team. The National Pre-Trials registration form must be completed if you wish to compete in the Pre-Trials. The Bonspiel will serve two functions:

1. To increase wheelchair curling participation across the country.
2. To provide the National Selection Committee with an opportunity to evaluate all athletes registered in the 2015 National Wheelchair Curling Team Pre-Trials.

The Bonspiel entry fee is \$25 per individual

Practice ice is available on Thursday, Aug. 20, from 9 a.m. to 2 p.m. at the Four Seasons Curling Club.

The deadline for registration is July 20, 2015.

# OPVA FAMILY PICNIC

★ AUGUST 9, 2015 ★  
9:00 A.M. - 3:00 P.M.

## CASCADE GATEWAY PARK

### Address:

2100 Turner Rd SE  
Salem, Oregon 97302

BRING THE WHOLE FAMILY  
FOR FUN WITH OPVA!



Paralyzed Veterans  
of America

Oregon Chapter



# DEEP SEA FISHING TRIP

July 13, 2015  
August 10, 2015



Paralyzed Veterans  
of America  
Oregon Chapter

Cost: \$40.00

Boards at 6:30, Departs at 7:00 AM

## Location:

Dockside Charters  
270 Coast Guard Dr.  
Depoe Bay, OR 97341



# TrapShoot Fundraiser

August 22, 2015



## Event Location:

Albany Gun Club  
35305 HWY 20 SE, Albany, Oregon 97322  
[www.albanygunclub.com](http://www.albanygunclub.com)

## Time:

Registration Checkin is at 9:00 A.M.  
Trap Event starts at 10:00 A.M.-3:00 P.M.

## Event Type:

Games  
Pepperoni Fun Shoot

## Details:

- Raffle prizes from Cabelas
- Spectators encouraged
- New Shooters encouraged

## Cost:

- \$4.00 each game



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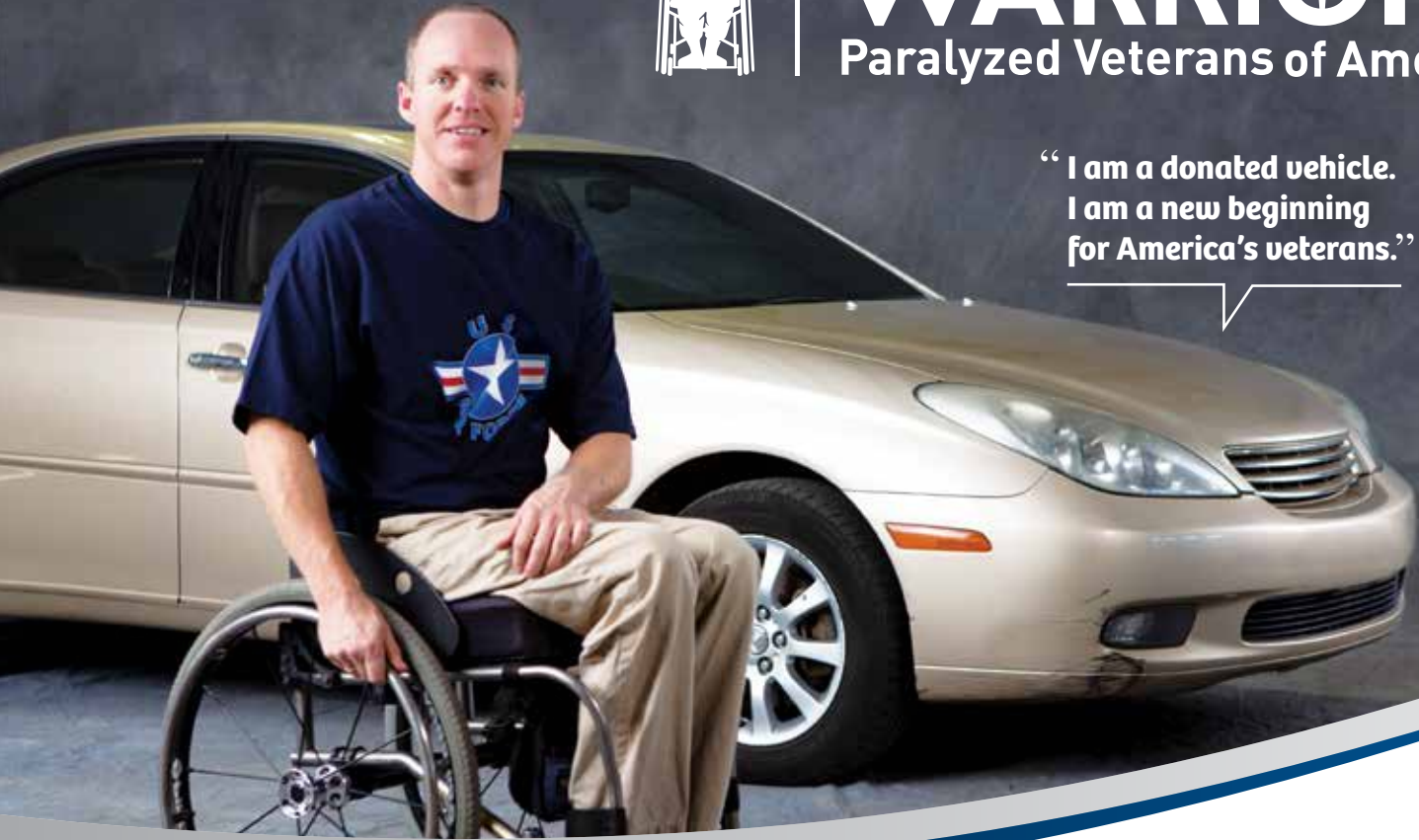
Have you ever considered including Oregon PVA in your Will or Trust?

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# WHEELS HELPING WARRIORS

Paralyzed Veterans of America



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I am a new beginning  
for America’s veterans.”

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It's a difference you can make by donating your vehicle to Paralyzed Veterans of America. Scheduling a pickup is FREE. Regardless of the condition, all donated vehicles will be sold at auction and proceeds will benefit Paralyzed Veterans of America.

Through your vehicle donation, you'll make a difference to veterans suffering from spinal cord injury or disease.

You may even earn a tax break, too!

### Donate today!

Call or visit us online to donate your vehicle today:

**855-744-0782**

**[wheelshelpingwarriors.org](http://wheelshelpingwarriors.org)**



Tualatin Riverkeepers  
Is Sponsoring a

# Disabled Paddle Trip

August 22, 2015

10:30 a.m. – 1:30 p.m.

Cook Park, Tigard

**Cost: \$20**  
per person

The event is open to people with disabilities who have the ability to sit in a kayak or canoe with minimal support. Disabled veterans are encouraged to attend.

To register for the event, contact Margot Fervia-Neamtzu at 503-218-2580. Please **arrive by 10 a.m.** to allow for any needed assistance into the boats.

Tualatin Riverkeepers is a community-based organization working to protect and restore Oregon's Tualatin River system. TRK builds watershed stewardship through education, public restoration, access to nature and advocacy.



# THANK YOU TO OUR SPONSORS!



## Greetings from the Development Department

Tom Hurt—Development Coordinator

Greetings from the Development Department. As you may be aware we just concluded the 2015 OPVA Gold Cup Golf Tournament. We had about eight weeks to put things together. We ended up with 50 players. It was nice to see a few of the members out on the course, and fun was had by all. We did have our live and silent auctions after the golfing was done. McNary golf club supplied the auctioneer, Larry Bent. I think everyone enjoyed the show. All in all the tournament was a success, we paid our bills and made some money. WIN WIN !!!!



Mark your calendars! On July 4th the OPVA will be participating in the City of Salem's Water Front Park Celebration. If you are available to come down and help with our booth or just come to enjoy the events that would be greatly appreciated. Also, on August 15th, we will be having an event at the Oregon Veterans Home in Lebanon. There will be a Classic Car Cruise-In / Hot Dog Feed / and we are working on getting a live band. For those who I have not met these would be great events to get acquainted at.

As always, we are looking for other venues to promote OPVA as well as fund raise. If you have any suggestions for events please don't be shy, whether it be Bowling, a 5K event, Disc Golf tourney, or insert your idea here. If it is something



you enjoy others will as well. The Development Dept. is here to work for you the members. Please feel free to contact me at [development@oregonpva.org](mailto:development@oregonpva.org) or contact me in the office at 503-362-7998.







# 1964 1/2 Mustang

## OPVA Raffle Car



## Tickets \$10 or 5/\$40

Drawing on August 15, 2015, 2:00 pm at  
Oregon Paralyzed Veterans of America  
3700 Silverton Rd NE, Salem, OR 97301

Winner is responsible for all applicable taxes.

All Proceeds stay in Oregon and support OPVA programs.

[www.oregonpva.org](http://www.oregonpva.org) - 503-362-7998  
[Oregonpva@oregonpva.org](mailto:Oregonpva@oregonpva.org)



## Letter from the National Director

Paul Dahlke—National Director

### PVA 69th Annual Convention

The 69th annual PVA convention was held in San Diego, California. Since its completion the PVA has a strong positive outlook for the future. Showing his commitment to the PVA and all veterans, VA Secretary Bob McDonald spent two days with us. He first went on a tour with PVA President AL Kovac and Deputy Executive Director Sherman Gillums to the San Diego, VA SCI center. Later he attended the welcome reception held on the USS Midway. The next day Mr. McDonald gave the board a presentation on the state of the VA and his plans for the future. Secretary McDonald's remarks included praise for the commitment and work of the PVA.

Mr. McDonald explained how the VA is a “three legged stool”, as research, education and clinical care are the legs. Secretary McDonald states that the 1.8 billion dollars for over 2,200 projects

is too little. He also states that the VA should have a great sense of pride for they have won many awards and that 70% of doctors and a vast majority of nurses are trained at the VA.

Currently there are roughly 9.1 million veterans enrolled in clinical care, however the VA's health care system's veterans are aging, with 9 million over 65 years old. The result is more claims with more issues per claim. Currently there are 8.5 to 19% of veterans receiving compensation due to these factors: ten years of war, Agent Orange, unlimited claims process, increased claims issues, higher survival rate, better ways to I.D. and treat and demographic shifts. These factors are affecting demand as well.

The VA's infrastructure needs much improvement, as well as 60% of the buildings are 50 years old, but the VA is short 7.9 million for construction. This has been the challenge that the VA is

faced with now. Even so the VA has still managed to complete 880,000 applications, 45% more authorizations, activated 93 buildings and hired over 38,000 employees. The VA has completed 71% reduction of its backlog, and has reduced veterans' homelessness by 33%. Mr. McDonald explained that this is "My VA" for all veterans, and has pledged to continue to improve the veterans experience by achieving support service, establish a culture of continuous performance improvement, and enlarge strategic partnerships and to improve employee experience by focusing on people and culture. The VA will now be divided into five separate regions: Pacific, Continental, Midwest, Southeast and North

Atlantic.

Congress continues to make cuts, which makes the process more challenging, and has recently made a 188 million dollar cut, resulting in 70,000 fewer veterans receiving care, and eliminates funds for construction and cemetery expansion, {Portland is effected by this}.

Many Awards are given out each year to outstanding members and supporters of the PVA, this year's winners include: The Cal-Diego chapter, Gateway, Arizona, Iowa, and Kentucky-Indiana. A new award was established: "the Gordon Mansfield Congressional Leadership Award". To be given annually to a member of

Congress who exhibits strong leadership and support of PVA's priorities in veterans' health care benefits and disability rights.

This year we will have the same executive committee with only one new member; Pat {Hack} Albertson from the Kentucky-Indiana chapter will be filling the vacant seat.

Those are the highlights from the convention, now the work of the national staff and executive committee and the chapters will continue so that our members will continue to receive the benefits they deserve. I urge you to get involved with the chapter, as we need your support.

# Government Relations

## Trip to Washington D.C.

Bill Blake—Government Relations

Bill Blake and Roger Robinson have been doing some Government Relations work. It is official now. They will be co-leaders of that department for OPVA.

Roger went back to Washington D.C. last month for some training and to talk to our Oregon delegation. Bill has been working with Representative Paul Evans from West Salem at several Town Hall meetings concerning Veterans Affairs. Our goal is to keep ourselves in the loop concerning current legislation and propose new bills.

Present this coupon August 8th  when you register to participate in the **www.Cruise-N-Ride-Benefit.org** and receive one extra **Poker Tally Card** \*One coupon per \$15 entry\*  
**Welcome All Street Legal Vehicles**  
Drive Begins 9am & Ends 3pm @ Crow Grange  
85994 Territorial Hwy, Eugene (Crow) Oregon  
Coupon Value \$5 ~ Not redeemable for cash

# Upcoming Events: Deep Sea Fishing Trip, PVA Trapshoot, Trapshoot Fundraiser



## Sports Updates

Jack Howell — Sports Director

I wanted to let everyone know about some events coming up. We have a fishing trip out of Depot Bay on Monday July 13th and August 10th same thing as the June trip. Check in at 6:30 A.M. with Dockside Charters. The boat leaves dock at 7:00 A.M. sharp for five hours of bottom fishing.

We are having our PVA National trap shoot at Hillsboro trap club July 24th, 25th, & 26th. August 22th we are having a fundraiser fun shoot at Albany trap club.

Oregon Adaptive Sorts is doing a Heroes in Summer program this summer, modeled after their winter

program. They are inviting 10 physically disabled veterans, and families for a week-end at Eagle Crest for golf, cycling and kayaking. For more information go to [www.OregonAdaptiveSports.org](http://www.OregonAdaptiveSports.org).



# Annual Awards Ceremony & Member's Banquet



**September 19, 2015**

**Location:**  
Quality Suite  
5188 Wittenberg Lane  
Keizer, OR 97303

**Appetizers at 1:00 P.M.**  
**Dinner at 3:00 P.M.**

**Dave Parker**  
503-990-7900  
fparker426@aol.com  
Office: 503-362-7998

# Memories of Ann Margaret & USO Show

Submitted by Ron Morgan—President of the VVA Oregon State Council

I missed Ann Margaret and Bob Hope—and every other USO show, with the exception of Martha Ray. I got to see her show from nearly a ¼ mile away.

I checked the following story about Ann Margaret. Snopes declared it to be “True”. This is one of the rare stories I will pass on...

## Ann Margaret...

This is a good counter-balance story to the Jane Fonda, “Vietnam Woman Of The Year,” story.

## Vietnam 1966

Richard, (my husband), never really talked a lot about his time in Vietnam, other than he had been shot by a sniper. However, he had a rather grainy, 8 x 10 black and white photo he had taken at a USO show of Ann Margret with Bob Hope in the background that was one of his treasures.

A few years ago, Ann Margaret was doing a book signing at a local bookstore. Richard wanted to see if he could get her to Sign the treasured photo so he arrived at the bookstore at 12 o'clock for the 7:30 signing.

When I got there after work, the line went all the way around the bookstore, circled the parking lot, and disappeared behind a parking garage. Before her appearance, bookstore employees announced that she would sign only her book and no memorabilia would be permitted.

Richard was disappointed, but wanted to show her the photo and let her know how much those shows meant to lonely GI's so far from home.. Ann Margaret came out looking as beautiful as ever and, as second in line, it was soon Richard's turn.

He presented the book for her signature

and then took out the photo. When he did, there were many shouts from the employees that she would not sign it. Richard said, “I understand. I just wanted her to see it.”

She took one look at the photo, tears welled up in her eyes and she said, “This is one of my gentlemen from Vietnam and I most certainly will sign his photo. I know what these men did for their country and I always have time for ‘my gentlemen.’”

With that, she pulled Richard across the table and planted a big kiss on him. She then made quite a to-do about the bravery of the young men she met over the years, how much she admired them, and how much she appreciated them. There weren't too many dry eyes among those close enough to hear. She then posed for pictures and acted as if he were the only one there.

That night was a turning point for him. He walked a little straighter and, for the first time in years, was proud to have been a Vet. I'll never forget Ann Margret for her graciousness and how much that small act of kindness meant to my husband.

Later at dinner, Richard was very quiet. When I asked if he'd like to talk about it, my big, strong husband broke down in tears.. “That's the first time anyone ever thanked me for my time in the Army,” he said.

I now make it a point to say ‘Thank you’ to every person I come across who served in our Armed Forces. Freedom does not come cheap and I am grateful for all those who have served their country.

If you'd like to pass on this story, feel free to do so. Perhaps it will help others to become aware of how important it is to acknowledge the contribution our service people make.—Arthur unknown


# VETERANS CHOICE PROGRAM



VA U.S. Department of Veterans Affairs

The Veterans Choice Program provides eligible Veterans the option to receive VA Community Care from approved providers in their communities.

## Am I eligible?



✓ Have you been told by your local VA medical facility that they can't schedule your appointment **within 30 days** of the clinically indicated date or if no such date can be determined, your preferred date?

✓ Is your current residence **more than 40 miles** from the closest VA medical facility?

✓ Do you need to travel by air, boat or ferry to the VA medical facility closest to your home?

✓ Do you face an unusual or excessive burden in traveling to a VA medical facility based on the presence of a body of water or a geologic formation that cannot be crossed by road?

If you were enrolled in VA Health care on or before Aug 1, 2014 or you are eligible to enroll as a combat Veteran, and answered

# "YES"

to any of the questions, you may be eligible!

## How do I set up an appointment?

Call:  
**866-606-8198**

# 1

Gather your information about any other health insurance coverage you may have (e.g., employer, union-based health plans)



# 2

Call 1-866-606-8198 to make sure you qualify + schedule an appointment. When you call, we will walk you through the following steps:

- You will be asked to enter your ZIP code, and first and last name.
- We will check to make sure you are eligible for this program.
- We will check which of your needs are covered by the VA.
- You will be asked for your address and the name of your preferred VA Community Care. Unfortunately, not all providers will be eligible to participate so if your preferred provider is not available, we will recommend other providers in your area.



# 3

We will then work with you to schedule an appointment.



This hotline is exclusively for making sure you are eligible for the Choice Program and setting up a VA Community Care appointment. If you have questions about other aspects of your VA medical care or want to learn more about enrolling in VA health services, please visit [www.va.gov/health](http://www.va.gov/health).



# JULY



Paralyzed Veterans  
of America  
Oregon Chapter

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Mark Your Calendar

- 7/4 Independence Day
- 7/4 Salem Riverfront Park
- 7/7 Sublimity 1st Tuesday Event
- 7/9-7/12 Marion County Fair
- 7/13 Deep Sea Fishing Trip
- 7/24-7/26 National Trap Shoot
- 7/30 Board Meeting



# AUGUST



**Paralyzed Veterans  
of America**  
Oregon Chapter

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>						

## Mark Your Calendar

- 8/4 Sublimity 1st Tuesday Event
- 8/8 Cruise-n-Ride Benefit
- 8/9 Member's Picnic
- 8/10 Deep Sea Fishing Trip
- 8/15 Mustang Raffle
- 8/15 Lebanon Home Event
- 8/22 Trapshoot Fundraiser
- 8/22 Disabled Paddle Trip
- 8/27 Board Meeting
- 8/28-9/7 Oregon State Fair

### Volunteers Needed

Volunteers needed for all events.  
Please contact the office for how  
you can volunteer  
Office: (503)362-7998

# THE 4TH OF JULY

Have you ever wondered what happened to the 56 men who signed the Declaration of Independence?

Five signers were captured by the British as traitors and were tortured before they died.

Twelve had their homes ransacked and burned.

Two lost their sons serving in the Revolutionary Army; another had two sons captured.

Nine of the 56 fought and died from wounds or hardships of the Revolutionary War. They signed and they pledged their lives, their fortunes, and their sacred honor. What kind of men were they?

Twenty-four were lawyers and jurists.

Eleven were merchants, nine were farmers and large plantation owners; men of means, well educated, but they signed the Declaration of Independence knowing full well that the penalty would be death if they were captured.

Carter Braxton of Virginia, a wealthy planter and trader, saw his ships swept from the seas by the British Navy. He sold his home and properties to pay his debts, and died in rags.

Thomas McKean was so hounded by the British that he was forced to move his family almost constantly. He served in the Congress without pay, and his family was kept in hiding. His possessions were taken from him, and poverty was his reward.

Vandals or soldiers looted the properties of Dillery, Hall, Clymer, Walton, Gwinnett, Heyward, Rutledge, and Middleton.

At the battle of Yorktown, Thomas Nelson, Jr., noted that the British General Cornwallis had taken over the Nelson home for his headquarters. He quietly urged General George Washington to open fire. The home was destroyed, and Nelson died bankrupt.

Francis Lewis had his home and properties destroyed. The enemy jailed his wife, and she died within a few months.

John Hart was driven from his wife's bedside as she was dying. Their 13 children fled for their lives. His fields and his gristmill were laid to waste. For more than a year he lived in forests and caves, returning home to find his wife dead and his children vanished.

So, take a few minutes while enjoying your 4th of July holiday and silently thank these patriots. It's not much to ask for the price they paid.

Remember: freedom is never free!

It's time we get the word out that patriotism is NOT a sin, and the Fourth of July has more to it than beer, picnics, and baseball games.—Author Unknown

Consider adding **Oregon Paralyzed Veterans of America** to your Will or Trust.



**Paralyzed Veterans  
of America**

Oregon Chapter

# M. S. News



These teleconferences  
are made possible  
with support from



## **TELECONFERENCES**

**Tuesday, June 16th – 8:30 p.m. Eastern, 5:30 Pacific**  
**MS and Generics: What you Need to Know**

*Presented by **Daniel Kantor, M.D., FAAN**  
Neurologist, Kantor Neurology*

**Wednesday, July 1st – 8:30 p.m. Eastern, 5:30 Pacific**  
**Hot Topics in MS**

*Presented by **David Jones, M.D.***

*Neurologist, University of Virginia Health System*

**Wednesday, July 15th – 8:30 p.m. Eastern, 5:30 Pacific**  
**2015 MS Update: New and Emerging MS Therapies**

*Presented by **Ben Thrower, M.D.***

*Neurologist, Multiple Sclerosis Institute at Shepherd, Atlanta, GA*

**TO JOIN: call 1-888-550-5602 Code 23441168**

To view the presentation: <https://ccc.spiderphone.com/23441168>



**September is coming up fast.**

**2015 National Championship Air Races** September 16-20, 2015  
Reno Stead Airfield

High speed, low altitude air racing • Breitling's L39 Jet Team • *Tora, Tora, Tora*: A Reenactment of the Pearl Harbor Bombing

**Tickets available at [airrace.org](http://airrace.org)**



**EARN DONATIONS**

**JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!**

Fred Meyer is donating \$2.5 million per year to non-profits in Alaska, Idaho, Oregon and Washington, based on where their customers tell them to give. Here's how the program works:

- Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to (**Oregon Paralyzed Veterans of America**) at [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards). You can search for us by our name or by our non-profit number (**94989**).
- Then, every time you shop and use your Rewards Card, you are helping (non-profit) earn a donation!
- **You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.**
- If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.
- For more information, please visit [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards).

# OPVA Birthday List

Jerry Cook	7/1	Stephen Bergseng	8/3
Curtis Ketchum	7/2	David Vincent	8/4
Michael Gardner	7/3	Mark Myers	8/5
Roger Watson	7/3	Gregory Schouweiler	8/5
Kenneth Woodward	7/4	Daniel Musloff	8/10
Kirk Parkhurst	7/4	Marc Stump	8/11
Daniel Gifford	7/5	Lisa Travis	8/11
Douglas Powell	7/6	Richard John	8/12
Charles Younglove	7/6	Eric Johnson	8/12
Robert Huffman	7/9	Dinah Wells	8/13
Franklin McMaster	7/10	Robert Campbell	8/14
Steven Hickam	7/11	Lawrence Rathbun	8/14
Craig Colerick	7/12	Roger Crawford	8/15
Louis Di Croce	7/13	John Brasch	8/15
Dale Neely	7/14	Bob Mahler	8/16
Matthew Lexow	7/17	Richard Rayas	8/16
Daniel Umbriaco	7/17	Gerald Caldwell	8/17
Albert Usinger	7/18	Randy Black	8/17
Nancy Coon	7/18	Katheren Picaso	8/17
Thomas Morgan	7/19	Elmer Childress	8/18
Vern Spaur	7/20	William Lytle	8/19
Patrick Kilmartin	7/20	Leo Espinoza	8/19
George Faust	7/21	Richard Weaver	8/21
Donald Darland	7/21	Keith Miller	8/21
Carl Griffith	7/22	Michael Hebert	8/22
Charles Wheeler	7/23	Hans Amacher	8/22
William R.C. Hobbs	7/24	Daniel Fairchild	8/23
Steven Hudson	7/25	Jon Brown	8/23
Samuel Hennon	7/26	Robert Blackman	8/24
Randle Reddett	7/27	Diane Grady	8/25
Leon Wheeldon	7/28	Lois Kozic	8/27
Neal Tooze	7/29	Craig Ackerson	8/27
Robert La Favor	7/29	Troy Allender	8/27
Gary O'Donnell	7/29	Casey Jones	8/28
Virginia Facer	7/30	Joseph Heidrick	8/29
William Shields	8/1	Hosie Stadamire	8/30
Bruce Dunbar	8/1	Timothy Vixay	8/30
Douglas Carr	8/2	Karl Nuse	8/31
Jeff Deleon	8/2	Timothy Walusiak	8/31

# Del Martin Memorial Trapshoot

Hillsboro Trap & Skeet Club

503-648-2972

July 24-26, 2015

ENTRY FORM

July 24-26, 2015

## Del Martin Memorial Trapshoot

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Branch of Service: \_\_\_\_\_

Voting member of PVA?  Yes  No

PVA Chapter: \_\_\_\_\_

Have you ever competed in a PVA trapshoot?  Yes  No

Please indicate any equipment needed.

I will need:  Shotgun  Pouch  
 Earplugs  Safety Glasses

Will you require transportation?  Yes  No

**To receive transportation from Oregon call Jack Howell at 503.866.8620 or e-mail jahowusmc@centurylink.net by July 10, 2015.**

In case of emergency, please contact:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

ATA/PITA/Handicap YDG \_\_\_\_\_

ATA# \_\_\_\_\_

**If a member of ATA or PITA, please bring your card with you!**

Singles Average \_\_\_\_\_ Doubles Average \_\_\_\_\_

We will be resquadding for the handicap and for the handicap doubles events. We will honor all requests for squadding for the singles and doubles events that you report here.

Squad members:

\_\_\_\_\_  
 \_\_\_\_\_

Will you be attending the banquet?  Yes  No

Do you have military service?  Yes  No

Branch of Service \_\_\_\_\_

**Each day's competition will be 50 singles, 50 handicap, and 25 pair of doubles.**

	SAT	SUN	TOTAL
<b>Entry Fee</b> (includes ammunition)	<input type="checkbox"/> \$90	<input type="checkbox"/> \$90	
<b>Options</b>			
Calcutta	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
Singles Lewis Class	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
Handicap Lewis Class	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
Doubles Lewis Class	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
Singles Class Purse	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
Doubles Class Purse	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
Handicap 25s	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
Silent Partner 150 targets	<input type="checkbox"/> \$10	<input type="checkbox"/> \$10	
<b>Tax-deductible donation to Oregon PVA</b>			\$
<b>Total due to Oregon PVA</b>			\$

**Please make your check payable to Oregon PVA and mail it along with this Entry Form.**

**Mail to:**

Oregon PVA  
 3700 Silverton Rd NE  
 Salem, OR 97305

**Questions?**

Call Oregon PVA at 503.362.7998  
 or Jack Howell at 503.866.8620.

# Wanted

Street Legal Motorized Vehicles to

Participate **Aug 8th 2015** in

*Cruise-N-Ride Benefit*

In Support of

**Oregon Paralyzed Veterans of America**

Starting at the Crow Grange

85994 Territorial Hwy, Eugene, Oregon

**Poker Run - Raffle - Bingo**

Early Registration Before July 31st is only **\$10** per Vehicle.

**[www.Cruise-N-Ride-Benefit.org](http://www.Cruise-N-Ride-Benefit.org)**

Prizes Donations are much appreciated!

OPVA is a 501(c)3 - Donations are tax deductible.



**Paralyzed Veterans  
of America**

Oregon Chapter

3700 Silverton RD NE  
Salem, OR 97305  
503-362-7998

Email: [info@www.Cruise-N-Ride-Benefit.org](mailto:info@www.Cruise-N-Ride-Benefit.org)

Or Call Event Organizer:

Laura Wyant 541-998-2803



85994 Territorial Hwy  
Eugene, OR 97402  
541-935-3119

# [www.Cruise-N-Ride-Benefit.org](http://www.Cruise-N-Ride-Benefit.org)

Benefiting the OREGON Paralyzed Veterans of America

**Event Date & Time:** Saturday August 8, 2015 @ 9:00 am - Last out by 11:00 am

**Event Start and End Location:** Crow Grange (Crow) 85994 Territorial Hwy, Eugene

**Questions????** For more information go to: [www.cruise-n-ride-benefit.org](http://www.cruise-n-ride-benefit.org)

contact Laura: 541-998-2803 -or- E-mail: [info@cruise-n-ride-benefit.org](mailto:info@cruise-n-ride-benefit.org)

Registration Before 7/31/2015

Vehicle: \$10.00

Includes one Poker Tally Card

**EXTRA**

Tally Cards

\$5.00 ea.

Registration After 7/31/2015

Vehicle: \$15.00

Includes one Poker Tally Card

**Additional meals or snacks, raffles or other games or merchandise is available for purchase at the various destination points along the event route.**

Must be present at 3:00 pm for selection of prizes of the highest Poker Tally Card Winners

**Waiver:** In consideration of my entry in the OPVA Benefit Cruise-N-Ride, I hereby waive, release & discharge any and all claims for damages, injury and property damage, which I or my successors may have, or which may hereafter occur to me as a result of my participation in this event. This release is intended to discharge in advance promoters, sponsors, and all municipalities and public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in this event. I understand the risks involved in participating in such an event. I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned. NO Alcohol. NO Drugs.

Driver/Rider NAME (print): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone:(\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

*Signature of the Driver/Rider (Must be 18 years or over)*

Passenger/Rider NAME (print): \_\_\_\_\_

Signature of Passenger: \_\_\_\_\_ Date: \_\_\_\_\_

*or parent signature if passenger is under 18 years old*

Mail the completed registration form, with check made payable to **OPVA** and mail to:  
Benefit Cruise-N-Ride, Attn: Laura, Event Coordinator PO Box 234 Cheshire, OR 97419





**Paralyzed Veterans  
of America**

# PARALYZED VETERANS OF AMERICA MEMBERSHIP APPLICATION

An individual is eligible for membership by meeting the following criteria: (1) is a citizen of the United States; (2) was regularly enlisted, inducted, or commissioned, and was accepted for or on active duty, in the Army, Navy, Marine Corps, Air Force, or Coast Guard of the United States or an ally of the United States; (3A) was separated from the service in the Armed Forces under conditions other than dishonorable; or (3B) is on active duty or must continue to serve after the cessation of hostilities; and (4) has suffered a spinal cord injury or disease (such as MS, ALS), whether or not service connected in origin. Membership is free. Complete and mail the application to: PVA Membership Department, 801 18th Street, NW, Washington, DC 20006 or to the chapter of choice. Providing the requested information is entirely voluntary but required for membership with PVA.

800-424-8200 • www.pva.org

Chapter Name: Oregon

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Last 4 Digits of Social Security Number: \_\_\_\_\_  
month date year

Male  Female

Are you a United States citizen?  Yes  No

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## VETERAN STATUS INFORMATION

DATE(S) OF MILITARY SERVICE		TYPE OF SEPARATION Discharge (D) or Retirement (R)	BRANCH OF SERVICE	
Start Date <small>month/date/year</small>	End Date <small>month/date/year</small>		Copy of DD214 showing type of discharge or VA Medical Services Card Required (attach a <u>copy</u> to application)	
		<input type="checkbox"/> or <input type="checkbox"/>	<input type="checkbox"/> Still on Active Duty Copy of Military ID Required (DD214 Not Required)	
		<input type="checkbox"/> or <input type="checkbox"/>	<input type="checkbox"/> Army <input type="checkbox"/> Air Force <input type="checkbox"/> Navy <input type="checkbox"/> Marine Corps <input type="checkbox"/> Coast Guard	
		<input type="checkbox"/> or <input type="checkbox"/>	<input type="checkbox"/> Army <input type="checkbox"/> Air Force <input type="checkbox"/> Navy <input type="checkbox"/> Marine Corps <input type="checkbox"/> Coast Guard	

Have you ever been discharged under conditions that are less than honorable?  Yes  No

Is your spinal cord injury or spinal cord disease service connected?  Yes  No

## DISABILITY CLASSIFICATION

### SPINAL CORD INJURY

(Complete ONLY if you have a traumatic spinal cord injury)

Date of Injury: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Injury Level:  C1-C08 Cervical  T01-T12 Thoracic  
 L01-L05 Lumbar  S01-S05 Sacral

Cause of SCI:

- Vehicular (auto, motorcycle, aircraft, bicycle, etc.)
- Violence (gunshot, stabbing, explosion, etc.)
- Pedestrian (hit by car, etc.)
- Sport or recreation (swimming, diving, etc.)
- Flying or falling object
- Medical-surgical complications
- Other traumatic injury \_\_\_\_\_
- Unknown

### SPINAL CORD DISORDER

(Complete ONLY if you have non-traumatic spinal cord disorder)

Date of diagnosis/onset of condition:

\_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Specific disease:

- Multiple Sclerosis (involving spinal cord)
- Poliomyelitis
- Amyotrophic diseases (lateral sclerosis, transverse myelitis)
- Syringomyelia
- Other (specify) \_\_\_\_\_

## LEVEL OF FUNCTION

Indicate your level of function:

- Paraplegia       Tetraplegia (Quad)       Hemiplegia       No paralysis at this time

## GENERAL INFORMATION (Optional, not required)

Please check the appropriate box or fill in the blank of each of the categories that best describes your present status. This important information enables the PVA to compile data for the effective implementation and support of our programs.

### EDUCATION (highest level)

- Less than high school graduate  
 High school graduate/GED  
 Some college or trade school  
 Associate's degree  
 Bachelor's degree  
 Attended graduate school  
 Graduate degree  
 Other \_\_\_\_\_

### CURRENT EMPLOYMENT STATUS

- Employed full time  
 Employed part time  
 Self-employed  
 Unemployed  
 Unemployed due to disability  
 Retired  
 Other \_\_\_\_\_

### MARITAL STATUS

- Divorced  
 Married  
 Never Married  
 Separated  
 Widowed

### RACE/ETHNICITY

- Asian or Pacific Islander  
 Black, not Hispanic/Latino origin  
 Hispanic/Latino  
 Native American or Alaskan Native  
 White, not Hispanic/Latino origin  
 Other \_\_\_\_\_

### TYPE OF RESIDENCE

- Apartment  
 Assisted living facility  
 Single-family home/condominium  
 State/veterans retirement home  
 Nursing home  
 VA hospital  
 VA nursing home  
 Other \_\_\_\_\_

### SOURCE(S) OF INCOME

(check all that apply)

- Employment  
 Gifts/Other  
 Private pension  
 Social Security  
 VA compensation  
 VA pension  
 Worker's compensation

The Veterans Benefits Department advocates for quality health care for our members and can assist you to obtain the appropriate benefits available as a result of your military service. Is PVA presently your benefits representative?  Yes  No

If yes, I have no objection and hereby permit PVA Service Officers to provide information to the PVA National Membership Department that pertains to my qualifications for membership.

I declare that I have read and meet the qualifications. I understand that my membership could be revoked if any information provided is inaccurate.

\_\_\_\_\_  
*Applicant's Signature*

2/18/14

\_\_\_\_\_  
*Date*

*Office Use Only*

*Date Received:* \_\_\_\_\_

*Member ID#:* \_\_\_\_\_

*Processed Date:* \_\_\_\_\_

# OPVA & OVHL CRUISE-IN EXTRAVAGANZA

August 15, 2015

10:00 A.M. - 3:00 P.M.



**Cruise-In  
Hotdog Feed  
& Live Music**

**Oregon Veterans' Home  
600 N. 5th St  
Lebanon, OR 97355**

**Hotdog Feed with Kosher dogs, prepared by  
the outstanding kitchen staff at the OVH.**



**Cruise in featuring local Car Club "The Rollin Oldies"  
All Classic Cars are Welcome.**



**Paralyzed Veterans  
of America**

Oregon Chapter



EDWARD C. ALLWORTH

**OREGON  
VETERANS'  
HOME**

LEBANON • THE PLACE WHERE HONOR LIVES

Oregon Paralyzed Veterans of America • 3700 Silverton Rd., Salem, OR 97305  
503-362-7998 • [www.oregonpva.org](http://www.oregonpva.org) • [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org)



**Oregon Paralyzed Veterans of America**  
3700 Silverton Rd. NE  
Salem, OR 97305

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