

March/April 2018  
Volume 22, Issue 2



Paralyzed Veterans  
of America

Oregon Chapter

# PARALOG

Oregon Paralyzed Veterans of America



[www.oregonpva.org](http://www.oregonpva.org)



## Paralyzed Veterans of America

Oregon Chapter

### Oregon Paralyzed Veterans of America

3700 Silverton Rd. NE,  
Salem, OR 97305  
503-362-7998  
800-333-0782

www.oregonpva.org

Email - oregonpva@oregonpva.org

OPVA is a 501(c)(3)  
Tax ID# 93-0713859

#### OFFICERS

**Dan Service** President

**Larry Gardner** Vice President

**Bill Gray** Secretary

**Carolyn Hamstreet Shores** Treasurer

#### BOARD MEMBERS

**Louie Grimmer**

**Jack Howell**

**Roger Robinson**

#### PROGRAM DIRECTORS

**Ray Thompson** Sports Director

**Carolyn Hamstreet Shores**  
Membership Director

**Susan Holt** MS Liaison

**Mike Rosenbalm** Hospital Liaison

**Roger Robinson** Government Relations

**Clyde Harmon** Parking Enforcement

#### NATIONAL DIRECTOR

**Bill Gray**

#### OPVA OFFICE STAFF

**Tom Hurt** Executive Director

**Marcie Ceja** Office Manager

**Francisco J. Navarro** Graphic Designer

**Gary Atwood** Donation Coordinator

#### PARALOG

**Marcie Ceja** Editor in Chief

**Francisco J. Navarro** Graphic Designer

#### NATIONAL SERVICE OFFICER

**Ken Fink**  
800-795-3627  
Fax: 503-412-4763

#### VANCOUVER VA PRIMARY

##### Care Contact Phone Numbers

360-696-4061  
503-220-8262 ext. 31665 (Portland)  
800-949-1004 ext. 31665

##### After Hours Number

888-233-8305

##### Portland VA Contact Phone Number

503-273-5308

##### Patient Advocates

Katina Collins, Trish Hafer  
Kelly Williams

#### OPVA Mission Statement

Oregon Paralyzed Veterans of America (OPVA), incorporated in 1976, is a chapter of Paralyzed Veterans of America. OPVA serves the needs of its Members – U.S. military veterans with spinal cord injury or disease (SCI/D) – and helps them enjoy the highest possible quality of life.

OPVA, Members, Associate Members, Family Members, Volunteers, and allied organizations work to provide leadership and advocacy in

- Improving health care and SCI/D research and education
- Protecting veterans rights and benefits
- Improving awareness of disability rights
- Offering sports and health-promotion activities
- Increasing accessibility and removing architectural barriers in Oregon, Southwest Washington, and Idaho.

A 501(c)(3) charity, OPVA relies on grants and donations from members of the public.



# PARALOG CONTENTS

- 4 President News
- 6 Vice President News
- 8 Executive Director Report
- 10 Sport News Alerts
- 12 Rec Fund Reports
- 16 Donated Items
- 20 Counting on the Cloud
- 22 Wheelchair Adventures
- 28 M.S. News
- 30 Washington Update
- 36 Classified Ads



**Thank you to all our Sponsors!**

The views and opinions expressed in the Paralog are not necessarily a direct representation of the views or ideas of the Oregon Paralyzed Veterans of America who hereby disclaims any responsibility for opinions expressed by contributors and printed in the Paralog.

## YOU ARE OREGON PARALYZED VETERANS OF AMERICA



Daniel Service – President

I think it is wonderful being involved with OPVA. My involvement over the last 4 years has brought a lot of new friends into my life. It has helped me to stop thinking of “Me First” and look at others and the challenges they have. I never thought I would be associating with Congressional leaders, our State Governor, and other Veteran Service Organizations working to help veterans, and people with disabilities.

Yes, I have worked with Command Sargent Majors, Lieutenants through Generals, but I thought I was finished with that. But that is not so. I enjoy being able to share my views with people that can make a difference for the members of Oregon Paralyzed Veterans of America, and the public at large.

Your voice is so important to this organization. To have people see that we are able to do things, and to show that we make a difference in our world because we care about each other as well as others who may be suffering like we do. When people see us at different events they see people who have served, and who are out to help our members.

I look at it this way, it's time to help others. It's time to not think of me, but of others. It's time to prove I am capable of shinning, and doing good for all mankind.

Step up with us. Let's make a great organization even better. Come join us and prove to the world you are capable.

# **ABILITY CENTER**

## **OUR EXCLUSIVE GAURDIAN PROGRAM FREE WITH EVERY VEHICLE WE SELL.**

- Six month free inspections with reminders
- Free 43 point twice a year mobility inspection, including cleaning & lube on all mobility equipment, as long as you own the vehicle
- Certified Mobility Specialists at your service
- Factory Trained & Certified Technicians
- Preferred service appointments scheduling
- 24-hour emergency hot line
- All DMV and title paperwork submitted
- Accessible Van Rental program with preferred rental rates:



## **TWO LOCATIONS TO SERVE YOU:**

### **ABILITY CENTER OF PORTLAND**

9770 SW Wilsonville Rd.,  
Ste. 440  
Wilsonville, OR 97070  
(971) 224-5895

### **ABILITY CENTER OF EUGENE**

3574 Marcola Rd.  
Springfield, OR 97477  
(541) 726-4001

**WE HAVE  
HUNDREDS  
OF  
ACCESSIBLE  
VEHICLES!**



*Moving Your Life Forward* [www.AbilityCenter.com](http://www.AbilityCenter.com)



# VICE PRESIDENT NEWS



Larry Gardner—Vice President

We are now going into our spring and summer seasons with lots of events on the calendar. Coming up March 16th-18th is the Portland Roadster Show at the Expo Center, and we are in need of volunteers to help at this event.

Also this same weekend the trap team will be attending the St. Patrick's shoot at the Hillsboro Trap and Skeet Club, so this will be a very busy weekend for the OPVA. Join us at either/both events!



On Thursday March 29th is the monthly Board Meeting here at the Salem Chapter Office. I would like to remind all of our members, that you are all welcome to join us to catch up on what's going on with the Chapter, past and present. The meetings start at 10 am and run till around 12, but come on in early for donuts and coffee.

We have a newly appointed Sports Director – Ray Thompson working on some new sports programs for our members and is doing a great job, so be sure to read his sports article.

There are lots of events coming up: trap shooting; bowling; car shows; our annual Abilities Expo; golfing; Deep Sea Fishing Trips; Free Fish Day at Detroit Lake; the Chapter

Annual Picnic; Veterans Day Parade; Annual Members Banquet at Spirit Mt Casino, and many more events. We do many of these events to raise funds and awareness for you our members. Help us by volunteering and make these events successful as possible.



Our Deep Sea Fishing Trips are on the calendar for August 14th, September 19th and October 18th, so call the office at 503-362-7998 and we will get you signed up for the date or dates that work for you. Remember these trips are free for the voting members.

Last of all we sent out a new survey request in one of our Paralogs asking for your interest in sports or other activities that you may have some interest in. Unfortunately we only received about 5 back, I would like to ask all of our members reading this article if you would take 5 minutes and send that information to me at: [vice.president@oregonpva.org](mailto:vice.president@oregonpva.org), or just call the office at 503-362-7998 and let us know so we know what programs to spend our time on, and if you're not interested in any programs then please let us know it would really help.

Well that's all for now, so I want to wish you all a very good spring season coming up, stay safe and enjoy.





# 38<sup>TH</sup>

## NATIONAL VETERANS WHEELCHAIR GAMES



# CONQUER THE CHALLENGE

#NVMWG

JULY 30-AUGUST 4, 2018 • ORLANDO, FL



VA

U.S. Department  
of Veterans Affairs



Paralyzed Veterans  
of America

FOR MORE INFORMATION, VISIT:

[wheelchairgames.org](http://wheelchairgames.org)



WheelchairGames



#NVMWG





# EXECUTIVE DIRECTOR REPORT



Tom Hurt – Executive Director

Wow can you believe it's already July. Well not really it just feels that way, things are hopping down at the chapter office.

We are loading the calendar up with events and activities for all the members to participate in. Be sure to check the calendar section of this paralog to see where we are going to be. This month we will have a booth at the Portland Roadster Show at the Expo Center. If you don't have time to work the booth for OPVA, or you just want to check out really beautiful rigs you should come on out, while you are there stop by and say hi. We would love to see you there (remember you can use your recreation fund for admission and parking also).

Speaking of the recreation fund, remember there is \$250.00 available to every Voting Member of OPVA, this is for you to use to get out and about. We just ask you to use it for approved expenses, and write up a little something telling us what fun activities you did and send in your receipts.

Speaking of Fun activities mark your Calendar for this year's Deep Sea Fishing Trips. This year we are again offering the trips to the voting members at no charge for the trips.

Get your slot early since space is limited. The dates for this year are: Aug 14th, Sept 19th, and Oct 18th.

April is PVA Awareness month, this year we will be hosting the OPVA Abilities Expo at the Portland Double Tree again on Saturday April 7th. The OPVA Abilities Expo is about bringing products and services together under one roof for people with disabilities, their families, caregivers, and healthcare professionals. Expo hours are 10am to 3pm this is a FREE event to attend.

Also starting in April are the MS Walk events, on April 14th we will be in Bend for the Bend Walk, we are very excited to have your new local Ambassador Ken Townsend helping out with our booth. After the Bend Walk we will move to the Corvallis Walk on April 28th, this is pretty exciting for the Chapter to be attending these two walks for the first time. Then we will end the MS Walks in Salem on May 5th.

Please remember you are always invited to the monthly Board Meetings, these happen the last Thursday of the month. Please come check them out and maybe get involved, we could really use your help.



Proudly Serving Oregon Veterans Since 1979

“Live your  
life with  
no limits.”



### Vehicle Accessibility Specialist

- New & Pre-Owned Vehicles
- Wheelchair/Scooter Lifts for your vehicle
- Adaptive Driving Equipment
- Wheelchair Accessible Van Rentals
- Power Wheelchair/Scooter Sales & Service

**24-Hour Emergency Service**

[www.RJ-MS.com](http://www.RJ-MS.com)



Two Locations to Serve You:

Medford: 541.245.4846

Independence: 503.838.5520

# SPORTS NEWS ALERT



Ray Thompson—Sports Director



Hi I am Ray Thompson, Sports Director, we working on a bowling league starting April 2018. Anyone interested in joining should contact me or Larry Gardner (Vice President) and let us know if you are going to participate. For your convenience you will be bowling in our own cities at your preferred bowling alley.

Here is how it will work, we will be bowling against each other and keeping our own scores and turning them in monthly to track the league. There will be three leagues thru out the year, and you will be bowling three games a week each week per month during the league. This year 2018 we will just have two leagues (Spring & Summer) do to getting started late, then in 2019 we will have all three leagues available,( Winter Spring and Summer).

At this year's Annual Members Banquet we will be giving out awards for best scores and most improved by league.

If you should join the league OPVA will reimburse you the cost of the games and shoes. You would need to send in all of your receipts and alley score cards monthly to get reimbursed and for us to keep track of the games, we hope to see you at the Annual Members Banquet so we can get team pictures, and meet some new friends.

And remember if you have any other games you would like for us to look into just let us know...

## 2018 Proposed League Schedule

Spring League: April 2nd - June 16th

### Short League

Summer League: July 2nd - August 16th

## 2019 Proposed League Schedule

Winter League: January 1st - March 16th

Spring League: April 1st - June 15th

### Short League

Summer League: July 2nd - August 16th





## Paralyzed Veterans of America

### ANNUAL AIR RIFLE & AIR PISTOL PROGRAM

**Mid-Atlantic Air Rifle Tournament**  
March 7-8, 2018  
Richmond, VA

**Wisconsin Air Rifle Tournament**  
March 23-25, 2018  
Milwaukee, WI

**Buckeye Air Rifle Tournament**  
April 20-21, 2018  
Geneva, OH

*\*indicates combined events*

### PARALYZED VETERANS NATIONAL SHOOTING SPORTS CIRCUIT

**Florida Gulf Coast Shooting Sports Tournament**  
March 1-3, 2018  
Odessa, FL

**Nevada Shooting Sports Tournament**  
March 16-18, 2018  
**Pistol Tournament - March 16**  
Las Vegas, NV

**Cal-Diego Shooting Sports Tournament & Cal-Diego Rifle/Pistol**  
March 23-25, 2018  
**Pistol & Rifle Tournament - March 23**  
Redlands, CA

**Vaughan Shooting Sports Tournament**  
April 20-22, 2018  
Edwardsville, IL

**Minnesota Shooting Sports Tournament**  
May 18-20, 2018  
Minneapolis, MN

**Lone Star Shooting Sports Tournament**  
June 22-24, 2018  
Waxahachie, TX

**Iowa Shooting Sports Tournament & Pistol Tournament**  
June 15-17, 2018  
**Pistol Event - June 15, 2018**  
Cedar Rapids, IA

### PARALYZED VETERANS BASS TOUR

**Florida Gulf Coast Bass Tournament**  
April 6-8, 2018  
Kissimmee, FL

**KY-IN Bass Tournament**  
May 4-6, 2018  
Kuttawa, KY

**National Bass Tournament**  
June 1-3, 2018  
Marbury, MD

**Mid-Atlantic Bass Tournament**  
June 8-10, 2018  
Richmond, VA

### ANNUAL PARALYZED VETERANS/NWPA BILLIARDS TOURNAMENT SERIES

**Mid-Atlantic Billiards Tournament**  
March 23-25, 2018  
Midlothian, VA

**Mid-America Billiards Tournament**  
April 20-22, 2018  
Oklahoma City, OK

**Mountain States Billiards Tournament**  
June 29-30, 2018  
Fountain, CO

**Buckeye Billiards Tournament\*\***  
June 22-23, 2018  
Wickliffe, OH

*\*\*non-sanctioned events*

### BOCCIA

**Cal-Diego Boccia Tournament**  
Feb. 22-23, 2018  
San Diego, CA

### ANNUAL PARALYZED VETERANS/AWBA BOWLING TOURNAMENT SERIES

**Florida Gulf Coast Bowling Tournament**  
Feb. 23-25, 2018  
Tampa, FL

**Mid-America Bowling Tournament**  
April 12-15, 2018  
Shawnee, OK

**Vaughan Bowling Tournament**  
May 3-6, 2018  
Woodridge, IL

### PARALYZED VETERANS RACING

**Top End Euro-American HC Championship**  
Feb. 3-4, 2018  
Clermont, FL

**Valley of the Sun**  
Feb. 16-18, 2018  
Phoenix, AZ

**One City Marathon**  
March 4, 2018  
Newport News, VA

**Off-Road Spring Expo**  
April 13-15, 2018  
Chesterfield, VA

**Paralyzed Veterans of America Learn to Race Camp**  
April 17-20, 2018  
Gettysburg, PA

**Blue and Gray**  
April 21-22, 2018  
Gettysburg, PA

**Redlands Cycling Classic**  
May 2-6, 2018  
Redlands, CA

**Pittsburgh Marathon**  
May 6, 2018  
Pittsburgh, PA

**Clocktower Classic**  
May 2018  
Rome, GA

**Wichita Omnium**  
May 2018  
Wichita, KS

**Para-Cycling Nationals**  
June 13-14, 2018  
Augusta, GA

**Tennessee Paracycling Open**  
June 16-17, 2018  
Knoxville, TN

**Paralyzed Veterans of America Racing Mini-Camp**  
June 19-28, 2018  
Delafield, WI

**Tour De Nez**  
June 23, 2018  
Reno, NV

**Tour of America's Dairylands**  
June 22-24, 2018  
Milwaukee, WI

**Treasure Valley Grand Prix**  
July 7-8, 2018  
Nampa, ID

**National Veterans Wheelchair Games**  
July 30, 2018  
Orlando, FL

**Paralyzed Veterans of America Racing Hi Performance Off Road Camp**  
Aug. 19-24, 2018  
Crested Butte, CO

**Off Road Handcycling Championships**  
Aug. 24-26, 2018  
Crested Butte, CO

**Pensacola Cycling Classic**  
Sept. 15-16, 2018  
Pensacola, FL

**Air Force Marathon**  
Sept. 15, 2018  
Dayton, OH

**Off-Road Fall Expo**  
Sept. 29-30, 2018  
Chesterfield, VA

**Army Ten Miler**  
Oct. 7, 2018  
Washington, D.C.

**Marine Corps Marathon**  
Oct. 28, 2018  
Washington, D.C.

**38TH NVWG**  
July 30-Aug. 4, 2018  
Orlando, FL



For more information, visit:  
[pva.org/sports](http://pva.org/sports)



## RECREATION FUND REPORTS



Another super great get away with help in part from the Oregon PVA. Thanks to the OPVA's Sports and Recreation Program, I'm able to get out and enjoy the world of travel. This year it was sunny and warm San Diego in January. I was able to see old friends and my cousin who lives' in So Cal. A day in Mexico plus the world famous San Diego Zoo made for one great vacation.

Thanks Oregon PVA, keep up the great work.

*Gordon Pike*

Dear OPVA

I would like to thank the OPVA again this year for the wonderful gift you give members each year for enticing us to get out and enjoy activities that are dear to our hearts as veterans.

This past year I retired due to a tumor in my brain that was successfully removed but it messed up my summer activities so after I was released from the rehab facility in October I took my family to the coast to relax and enjoy what was left of the good weather. We stayed on the beach at a couple motels plus ate some wonderful seafood.

We were only able to do this because of the generous gift fund the OPVA offers. Thanks OPVA from my family and myself. Sincerely,

*Tom Weare*







On December 11, 2017 we rented a car and went down the coast to see the Christmas light display at Shore Acres State Park. It was beautiful and we recommend it for everyone. It took us a while to get there but well worth it. Our son Peter accompanied us and we had a blast!

Also we've included a trip to Hobby Lobby... the place is huge... go check it out! The Rec Fund is deeply appreciated by this vet and I urge every effort to keep it going. Thanks again.

*Susan Holt*



## Remember to Use Your Recreation Fund

Oregon PVA voting members are eligible to **receive \$250 each fiscal year** through the Member Recreation Reimbursement Fund.

It begins October 1st and runs through September 30th each year.

Simply send in your receipts any time during the year along with a short description of what you did to have fun with your friends and family. We like pictures too, they may make it into the Paralog.

◆ **Eating Out** ◆ **Movies** ◆ **Games** ◆ **Hobby Supplies** ◆ **Motel** ◆ **Sports**  
◆ **Event Tickets** ◆ **OPVA Events** ◆ **Guns** ◆ **Trips** ◆ **Vacation Expenses, etc.**

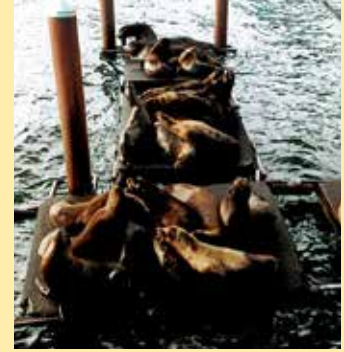
All receipts must be dated within this current fiscal year and used within this current fiscal year (10/1/17 - 9/30/18).

Mail to: **Oregon PVA, 3700 Silverton Rd. NE, Salem, OR 97305**

**Your request must be received in the office no later than September 30th**



**Please contact the office at 503.362.7998 if you have any questions or require additional information about the Recreation fund.**



Dear OPVA

Today our granddaughter get her driver's license, as she turned 16. We are so very proud of her. We took her to dinner at Applebee's. Thank you so very much...

The past weekend we took our 16 years old granddaughter to Newport, Depoe Bay and Lincoln City. It was sunny and warm, we stayed at the Comfort Inn very nice

hot tub, pool and a hot & cold breakfast. We enjoyed the beach, the ocean and walking and looking in the shops. I even got a 10% discount at one shop and \$12.50 at Chinook Winds. Thank you very much, we had a great time. Thanks again.

*Steve Grogan*



I drove down to Indians Wells, California to play in the Indians Wells Wheelchair Tennis Tournament, from December 1-3. I started my drive in November 28th and arrived late at night in 29th. I stayed at the Indian Wells Resort Hotel. It was the tournament hotel and they offered a discount to all the players. The room I had was accessible and had one of the best bathrooms I've ever used, complete with roll in shower.

I'd highly recommend it!

I started play on December 1st. I lost my first match to the guy who eventually won the tournament. I was pleased though because I played very well and he was a great player. I went in to the consolation round and made it all the way to the final. I also played doubles and we made it in to the semi-finals were we lost a very close match. I had a wonderful time.

I played a lot of tennis and made some new friends and reacquainted with some old ones. Best of all however, was to spend a week in clear skies and 80° weather in December. Thanks to OPVA for helping with the travel funds. The money really made a difference and I can't thank you enough for this generous member benefit. Best regards.

*John McClaran*





**Paralyzed Veterans  
of America**

Oregon Chapter

**DOCKSIDE  
CHARTERS** 

270 Coast Guard Dr, Depoe Bay, OR  
(541) 765-2545

**Dates & Times**

**Wed Aug 14th-5:30 am**

**Wed Sep 19th-7:00 am**

**Thu Oct 18th-7:30 am**

**5 Hours Trip**

Fishing and shell license required,  
may be purchased at Dockside Charters  
Complementary coffee is provided.  
Bring your own lunch, snack or drinks

**Voting Members  
FREE!**

**All Others \$65**

Oregon Paralyzed Veterans of America  
3700 Silverton Rd., NE Salem, OR 97305  
Tel: 503-362-7998 | [www.oregonpva.org](http://www.oregonpva.org)



# DONATED ITEMS

Gary Atwood – Donation Coordinator

I was looking over our inventory and would like to list for you just a few of the many items in stock.

I noticed that we have an abundance of Power Chairs some need batteries but where can you get a chair worth a few thousand for the price of a couple batteries? NW Batteries in Salemsaid they will sell the batteries for \$80 for the small and \$145 for the large batteries.



We have 2 electric body lifts & 2 manual ones. We have a stand-up Recliner, some shower chairs. We have many rollators (some are almost new). We have 1 hospital bed. Two suitcase Ramps.

Maybe you or someone you know needs equipment let us know, have them contact us, we are here to serve you. Our inventory is constantly changing but the pictures you see are just a few of the many items we have.







**April 7, 2018**

Open to the Public (**Free**) 10am - 3pm Double Tree by Hilton Portland Hotel  
1000 NE Multnomah St., Portland, OR 97232

The OPVA Abilities Expo is about bringing products and services together under one roof for people with disabilities, their families, caregivers, and healthcare professionals.

**Introducing opportunities that can enrich your life!  
Especially ones that you never knew were out there!**



**Thank you to all the sponsors**

**Oregon Paralyzed Veterans of America** 3700 Silverton Rd. NE, Salem, OR 97305  
503.362.7998 • [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org) • [www.oregonpva.org](http://www.oregonpva.org)



**Paralyzed Veterans  
of America**

Oregon Chapter

## **MAKE A POSITIVE DIFFERENCE!**

*WE NEED YOUR HELP WITH DIRECTING YOUR CHAPTER*

### **OPVA Annual Election for 2018-2019**

The Oregon Paralyzed Veterans of America is accepting nominations for the Board of Directors until July 31st. In early August, the election ballots will be mailed to the OPVA Chapter voting membership for their selections.

Many of the Board Members are having to fill multiple roles within the Chapter, such as: Membership Director; Sports Director; National Director; Government Relations. We need you to get involved. **No experience necessary, just a desire to help those who have served.**

Here is a list of the current OPVA, Chapter Board Members.

#### **Executive Board**

President - Daniel Service  
Vice President - Larry Gardner  
Secretary - Bill Gray  
Treasurer - Carolyn Shores

#### **Board Members**

Louie Grimmer  
Roger Robinson  
Jack Howell

Nominations are now being accepted. If you are considering running for one of these positions, you must successfully complete the Paralyzed Veterans of America Certification Process. If the National Secretary has not certified you, your name can be placed on the ballot, but you cannot assume an elected position until you are certified. The certification process is very simple, and the forms are available at the Chapter Office. We Look Forward To Hearing From You!!!!

This process does take a little time, so please get the ball rolling as soon as possible. Questions? Please call the office at 503-362-7998.

## **GET INVOLVED WITH YOUR CHAPTER!**





2018 OREGON WOMEN VETERANS  
CONFERENCE

*We Rise*

APRIL 26-28, 2018

SUNRIVER RESORT | BEND, OREGON

**FREE AND OPEN TO ALL WOMEN VETERANS**  
[WWW.WVC.OREGONDVA.COM](http://WWW.WVC.OREGONDVA.COM)



OREGON DEPARTMENT  
of VETERANS' AFFAIRS

# Counting on the **C**loud

by Vernell J. Judy

Japan taught us a big preparedness lesson involving cell phones when they had their last large earthquake in 2011. Since cell phones have two primary means of communicating, voice and text, we learned that heavy call usage on the equipment worked much better when text was used. It requires a far smaller bandwidth than voice so more calls were able to be completed.

That being said, we can prepare our families to ONLY text after a disaster. I suggest you prepare a brief statement like "I'm OK" and instruct each member of your family to text only that phrase to a central person in a remote location. Having a central call-in for everyone in your family provides a cohesive contact that is unscathed by the event and can keep track of family members.

It helps to have a small printed list of family phone numbers tucked in your wallet since you will not want to count on a cell phone battery to access them. Make sure your out-of-area contact is on the list.

Once the dust settles, there are a number of documents you will need to access. I recommend that you take cell phone photos of all your important papers like birth certificates, drivers license, vehicle titles, deeds, insurance papers, etc, you get the idea. Once all these photos are in your photo file, move them into a document file in the cloud. There are several reliable clouds available. Google and Apple are the easiest.

Once your file is there, you will be able to access it from any location with any device. These clouds are secure and your password is all you will need. If you are unsure of the cloud application, call your local nerd. Probably a teen, they swim in this stuff and are usually happy to assist.

This same procedure can be used for any record you may need later. You may want to line up all your medical related business cards, and pharmacy info sheets to snap a photo and include with copies of any relevant medical reports that would not be accessible when electronics are out.

This is when you will want to spend a few minutes thinking about what information you will need. It's better to put it in the cloud while you can than wish you could remember later.

**Clouds are secure and your password is all you will need**

This process should be done for every home regardless of where you live. Living in the Cascadia Subduction Zone only reminds us of the need. But folks who experience fires, floods, hurricanes and slides can save themselves some future headaches by following this small exercise.

Remember: HOPE IS NOT PREPAREDNESS!!

Premiere  
PROPERTY  
Group, LLC



Real Estate Broker

**CASEY MCWILLIAMS**  
503.550.2765  
casey@cmacrealty.com

**WWW.CMACREALTY.NET**

Lake Oswego | W. Portland | Hollywood | Sunnyside | Yamhill | Gresham | Bend



# Happy Birthday

Mariel Cowlthorp	3/16	Darrel Ackerman	4/3
Mike Brickley	3/20	Michael Geoghegan	4/3
Carl Backstrom	4/18	George Nordling	4/4
Lori Watson	3/16	Jeffery Johnson	4/4
Gerald Lamb	3/1	Daniel Watts	4/5
Ronald Clement	3/2	Steven Willard	4/7
Steven Tweton	3/2	Richard Saxton	4/8
Joseph Welsh	3/3	Clinton Black	4/10
Bridgette Selby	3/3	Michael Clark	4/10
Jeffrey Nunn	3/5	Kelly Tadlock	4/10
C. Greg Danielson	3/5	Raymond Roberts	4/12
Brian Beninger	3/6	Dana Strasheim	4/15
John McClaran	3/7	Timothy Hagberg	4/16
Frank Leithauser	3/8	Frank Schindler	4/16
Mark Turpin	3/8	Angela Tunnissen	4/16
Leslie Woods	3/9	Michael Williamson	4/16
Richard Blair	3/11	Richard Montiel	4/17
Robert Kloehn	3/12	Christopher Weatherby	4/17
Mark McClellan	3/13	Jonathan Cline	4/18
Mitchell Wood	3/14	Melvin Johnson	4/18
Ronald Beriault	3/14	Dustin Simmons	4/18
Charles Feringa	3/18	John Olson	4/22
Victor Marquardt	3/21	Bruce Henion	4/23
Jeff Chambers	3/21	William Tucker	4/26
Daniel Service	3/23	Robert Phillips	4/26
Michael Carnahan	3/23	William Cooper	4/26
Larry Gardner	3/24	Harriet Schmidt	4/26
Richard Johnston	3/25	Rick Williams	4/27
Maynard Epling	3/27	Michael Mullett	4/29
Steven Grogan	3/28	Markus White	4/29
Bruce Freeberg	3/29	Paula Townsend	4/15
Brenda Marsters	4/1	Shantel Acevedo	4/20
Edward Suhr	4/1	Peter Hundahl	4/24
Mike Neher	4/2	Alfred Crotts	4/24

## First Day, First Hour, First Shot



Louie Grimmer – Board Member

As I mentioned earlier there were times that the hunt was very stimulating and other times when it was totally boring. Watch out when boredom overcomes you. That is the time things happen for some reason.

We got to the campsite two days early and Clayton and I were going to set up. We thought we would put some time in deer hunting and scouting for elk at the same time. Deer season did not overlap elk season at that time. It made sense to establish base camp that would be home for the next 12 days while the weather was good (not raining). It was important to properly set up the 16' X 22' custom made elk tent with a wood burning stove and thick tubular frame. It was strong enough to withstand brisk winds, heavy rainfall and deep snow.

Clayton Chuck's brother drinks up before hitting the timber in search of game. Usually he looked for sign from the roads and trails before going after his quarry.

Clay and I were going to set up camp before Chuck arrived which would include setting up that BIG tent. We figured we could do it if we just took our time. The frame was the heavy portion but it was put together a piece at a time.

The first short section was assembled and we dragged the tent over the frame. As soon as that was accomplished we noticed the door was on the wrong end. While we were switching the direction the State Game Warden cruised by and stopped on the road to watch and just shook his head.

**The hunt was very stimulating and other times when it was totally boring**

We waived and he moved on. After a time, we had the tent completely set up except for all the stakes that anchor everything down. Later that afternoon Chuck arrived and finished the job.

The Camp Tent or Home away from home. The deer hunt went pretty well but we took no deer. During the hunt, however, we located the elk about six miles from our camp. The area was real accessible and we figured that we would be able to score with my disabled hunter permit. That is an almost guaranty of having elk steaks that year. You know MEAT is MEAT.



When the opening day occurred, we got up at 4:00 a.m. to a blinding, heavy snowstorm. It had dumped 18 inches overnight (drifted in camp). That meant we had to chain up the Suburban to make sure we could safely negotiate the steep road. We ate a quick breakfast then proceeded to chain up the beast. When that was accomplished we loaded up and headed out while the snow increased in depth on the road.

It was dark when we arrived at the area we had seen elk a couple days previously. We decided to hold our position until the daylight hours permitted us to see well enough to shoot. Granted, we did use scopes that gather light, allowing a marginal shot to be taken but a heavy snowstorm limits visibility greatly.

As soon as we were able to see enough to shoot we crept through the nearly 2 feet of powdery snow. The only noise made during that last mile was the rumble of the 350 cubic inch engine and a muffled clank of one of the chains. First light is usually the most exciting time but this morning seemed to be a bust with heavy clouds and snow. There was also a pretty good wind coming from the west.

All of a sudden there was a momentary break in the clouds allowing us to have a sneak preview of what was behind them. As suddenly as the opening was there it was gone and all one could see was fog and snow. We moved on an extra 300 yards and there was another gust of wind that blew the clouds away for a moment. It was then we saw what we were looking for but just as quickly the view was gone. There were about four elk cows and two spikes with three or four branched antler bulls lagging behind them.



The elk know how to stay concealed and heavy fog was good cover for them. Also, the distance between them and any road gave them some measure of security. Suddenly there was a clearing in the fog and Chuck bounded out of the rig with his trusty rifle, “LOUD LARRY,” and almost instantly there was a loud boom. Next came the telltale “THWACK” of the bullet finding its mark.

When one hears that sound there is a big bunch of work ahead. That was not going to be as easy with wind and snow blowing (it was better than rain, however). In addition, clouds and fog covered everything making finding the location of the downed animal that much harder.

It was time for the work to start so everyone put their rain gear on and Chuck bounded over the edge of the road determined to locate the downed elk. The first step off the road was quite a step because the drop off was about 60 feet straight down. Chuck said, “Well, you got to do what you got to do!”

After about 30 minutes, Chuck called on the radio telling Clayton and I he couldn’t find it. My replay was to keep looking for RED snow.

When Chuck enters into the realm of hunter he changes ever so slightly. The only way I can explain it is he becomes very serious and the Indian traits in him come out. There is a strong sense within him to keep looking even if it takes the whole day and part of the night which happened from time to time.



There was once a hunter (Larry B) who shot a 6-point bull elk and wounded him and since the animal did not drop into his pickup he moved on to a different area. We heard about that and drove over to the area “Not Slowly” and began tracking the blood trail. There are some who would say we were trying to take over what someone else started and that is correct in some ways. I call it hunting ethics. That animal was found by another hunter. It was a relief because there is no use in wasting a magnificent animal such as that. That is ENOUGH of my preaching. Let’s get back to our hunt.

As Chuck wandered around in the fog he would call to have the horn on the truck honked periodically to keep his bearings. We then heard a loud coyote yelp that only Chuck can do when he finds his quarry. A decision was made at that time to bring the whole elk up and GUT it in the middle of the very narrow road just to tell anyone who passed by “WE GOT ONE.” That was the first mistake.

When he left the truck he took the rope that was used to pull the elk out and because he didn’t know where the elk was he left the end of the rope in a conspicuous location that would be easy to find.



The little three horse power Capstan Game Winch we use was the best investment we ever made. We relied upon strong backs and many hands to bring an elk out of the canyons in the past but not anymore. Clayton operated the winch while Chuck was down at the other end. I manned the radio to relay any messages to Clay like STOP or GO. It was not a hard job but very important because we operated as a team and without it someone could get hurt.

Eventually, after an hour, the elk came to within 50’ of the truck. We decided to stop and take a break because everyone was very cold and tired hauling a 900 pound elk out of that canyon (wrong decision #2). While we were getting warm and eating some sandwiches a couple guys came along with their quad runners (4X4’s) and stopped to talk to us about pulling the elk out the rest of the way. We told this one fellow we were going to use the truck to pull it out the rest of the way. Well, I guess guys that own 4X4 quad runners think they can do anything and he suggested HE could pull that elk the rest of the way with his trusty Kawasaki QUAD RUNNER (no chains).



We tried to tell him that the animal was too big for his rig and we would do it with the truck but he insisted he could do it. The next scene was a made for a television act that will never be seen again. Now remember the elk is over the side of the road, 50 feet down, hooked to the truck. When the little quad runner got into position and hooked up to the rope there was about five feet of slack that the elk would have as a head start (going downhill).

The rope was released from the truck and the race was on; snow dirt, rocks, and smoke were flying in every direction and the elk was winning the race down to the bottom of the hill when finally he got some traction. His buddy was helping all he could by pushing and doing everything in his power. We thought of the consequences of this daring act and realized that not only were we going to have an elk at the bottom but probably a dead person with a quad runner wrapped around him. There was nothing we could do but watch.

After a few tense moments progress was being made but we wondered if the tires were going to blow out by digging down to the hard surface under the snow.



There was not only smoke coming from the engine but a greater amount from the tires scraping and digging for the utmost traction. Then slowly the elk started to come up the steep hill and eventually it was up on the road. Whew! What a feat.

We decided to gut the elk right there on the road. The gut bag would be left in the middle of the road on top of the snow at a very narrow place, letting everyone drive through it making a statement by this hunting party.

The elk was too big to cut up and load into the Suburban so we dragged it all the way to camp leaving a nice crimson trail all the way back. A hunter was driving toward us and while passing he asked if we had seen anything. All we did was point to the blood trail behind us.

That morning we skinned the elk in the back of my Dakota pickup and then quartered it up. We put it into homemade elk bags (goodwill sheets) and left them there overnight where they froze solid. The next morning we set out again trying to bag another elk but as luck would have it we saw nothing the rest of that day.

That evening I brought the elk off the hill to put it in my freezer and I knew I needed help so I called my good friend Vance on my mobile phone and asked him if he could help me.

**Snow dirt, rocks, and smoke were flying in every direction**

His answer was, "SURE, what do you need?" I asked him if he would call a few friends and have them meet me over at my place in an hour. I had an elk in my pickup and I needed help getting it into my freezer.

When an elk is bagged the work begins. With many hands pitching in, the work goes quickly. There is more hunting to be done AND this Elk took 20 minutes then quartering it and bagging took another 20 minutes. Teamwork effort on my trophy. Grab that knife...slice 'er there...pull that back... watch it! Many friends and willing hands make quick work of a necessary task in the Oregon Cascades. Afterward, the hunt resumed while Louie took the meat back to the locker.

**"Live Your Life With No Limits."**



**BraunAbility**  
ADAPTIVE DEALER



**R&J MOBILITY**

**Vehicle Accessibility Specialist**

- New & Pre-Owned Vehicles
- Wheelchair/Scooter Lifts for your vehicle
- Adaptive Driving Equipment
- Wheelchair Accessible Van Rentals
- Power Wheelchair/Scooter Sales & Service

**24-Hour Emergency Service**

Proudly Serving Oregon Veterans Since 1979

Two Locations to Serve You:  
Medford: 541.245.4846  
Independence: 503.838.5520

[www.RJ-MS.com](http://www.RJ-MS.com)





# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17 St. Patrick's Day
18	19	20	21	22	23	24
25	26	27	28	29 BOD 10:00 a.m.	30	31

## Save the Date

3/16-18	Portland Roadster Show	6/2	Free Fishing Day
4/7	Abilities Expo 2018 - Portland	6/16	Spirit Mt Car Show
4/14	MS Walk - Bend	6/23	OPVA Gold Cup Golf Tournament
4/28	MS Walk - Corvallis	7/3	First Tuesday, Sublimity
5/5	MS Walk - Salem	7/4	4th of July
5/19	Willamette Speed Way - Lebanon	7/12 - 15	Marion County Fair
5/28	Memorial Day	7/28	Members Picnic





# April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30			BOD 10:00 a.m.		



As I sit here writing this article I am reminded of my favorite Beatles song, "Here Comes the Sun". People having MS are known to be sensitive to heat and temperature changes.



## Strategies for easing the effects of heat

From an article at <https://www.nationalmssociety.org/Living-Well-With-MS/Diet-Exercise-Healthy-Behaviors/Heat-Temperature-Sensitivity>

Stay in an air-conditioned environment during periods of extreme heat and humidity. If an air conditioner is needed to help minimize symptoms, the cost of this equipment may be tax deductible if the physician has written a prescription to cover it. Use cooling products such as vests, neck wraps, and bandana during exercise or outdoor activity.

Wear lightweight, loose, breathable clothing. Icy drinks or popsicles can provide temporary relief. Use an oscillating fan or air conditioning during indoor exercise. Exercise in a cool pool (<85 degrees) or a cool environment. If you are exercising outside, pick cooler times of the day usually morning or evening. Try pre and post-cooling to decrease the heating effects of exercise. Get into a bathtub of cool water and continue adding cooler water over a period of 20 to 30 minutes. A cool bath or shower can also help reduce core body temperature following activity or exposure to a hot environment



The point of the above for me is NOW is the time to order your cooling items-talk to your MS doctor and get one on order. Can't afford an air conditioner? Ask him/her about that too, as there may be grants available... If it's one thing I've learned since being diagnosed with MS is to keep on trying (Trace Adkins song comes to mind)... The National Multiple Sclerosis Society may be another resource as well... If you know of any other resources share away don't keep it a secret!!!!!! Until next issue....





**Paralyzed Veterans  
of America**  
Oregon Chapter



In present times exciting things are happening. Advances didn't happen overnight, however, many research dollars are needed and that's why we are asking for your donation. Please consider this - donation dollars may be short in the future with budgetary cutbacks looming. all donations will be turned over to the National multiple Sclerosis Society of Portland, OR during the walks held for 2018.

**Walk MS Bend**

Date: April 14, 2018  
Start/Finish Location: Riverbend Park  
799 SW Columbia Street, Bend, Oregon 97702  
Time: Registration opens at 9:00 a.m. and Walk begins at 10:00 a.m

**Walk MS Corvallis**

Date: April 28, 2018  
Start/Finish Location: Helen M Berg Plaza  
2 NW 1st Street, Corvallis, Oregon 97333  
Time: Registration opens at 9:00 a.m. and Walk begins at 10:00 a.m.

**Walk MS Salem**

Date: May 5, 2018  
Start/Finish Location: Riverfront Park  
200 Water Street NE, Salem, Oregon 97301  
Time: Registration starts at 9:00 a.m. - Walk begins at 10:00 a.m.



Together, we will end MS forever,  
call OPVA 503.362.7998  
Join the OPVA team Walk, Roll & Thunder to  
help end MS and/or send in a donation.

✂ -----

**Please accept my donation of \$ \_\_\_\_\_ for the MS Walk Fundraiser to end MS. Walk sponsored by the National Multiple Sclerosis Society of Portland, OR.**

(Make checks payable to OPVA & we will make one large donation to National Multiple Sclerosis Society of Portland. Specify Bend, Corvallis or Salem Team)

**Register online to be part of the OPVA teamWalk Roll & Thunder or the virtual team Walk Roll & Thunder**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

**Mail to OPVA, Silverton Rd. NE, Salem, OR 97305**



# WASHINGTON UPDATE

*Recent news regarding legislation and regulatory actions affecting veterans and people with disabilities.*

Written and produced by Paralyzed Veterans of America - Government Relations Department

February 14, 2018

Volume 24, Number 2

## \*\*\*PRIORITY\*\*\*

The Government Relations staff is still looking for stories about problems that our members have experienced during air travel. Please visit [www.AirAccess30.org](http://www.AirAccess30.org) and share your story.

## ADA NOTIFICATION LEGISLATION WILL BE ON THE HOUSE FLOOR FEBRUARY 15

The ADA Education and Reform Act of 2017 (H.R. 620), is headed to a vote on the House floor. The House is scheduled to take up the legislation on Thursday, February 15th.

In a letter to House leadership on February 1, 2018, Paralyzed Veterans of America expressed its strong opposition to this legislation. If signed into law, it would require a person with a disability to send a letter with very specific information notifying a business, regardless of its size, that it is out of compliance with the ADA. The business would then have 60 days to respond and 120 days to make "substantial progress" toward fixing the problem. Only if the business failed to acknowledge the notification or make substantial progress in fixing the violation, could the business be sued.

Although proponents of notification insist that it is needed to stop lawsuits, whether frivolous or not, we believe that such a requirement would only serve to remove all incentive for businesses to comply with Title III ADA requirements. There are no monetary damages available under Title III of the ADA, only injunctive relief. If a notification and cure requirement, such as that laid out in H.R. 620, became law, a business could simply employ a "wait and see" approach and continue to violate the law without any real fear of consequences.

Now is the time to let your members of Congress know that you oppose this legislation. As action is imminent, it is important to call and express your opinion as opposed to emailing or sending letters. We will continue to advocate against the bill's passage and will do so if it passes the House and heads to the Senate.

## HOUSE VETERANS AFFAIRS COMMITTEE HOLDS HEARING ON CAREGIVER PROGRAM

On February 6, 2018, the House Committee on Veterans Affairs held a hearing entitled "Correcting Course for Veteran Caregivers." Chairman Roe's goal for the hearing was to examine how to strengthen and modify the existing caregiver program. Sarah Dean, Associate Legislative Director, testified on behalf of PVA regarding the state of the program and current legislation that would authorize its expansion.

As is, the Program of Comprehensive Assistance for Family Caregivers provides monthly stipends, respite, CHAMPVA, and training to caregivers of veterans injured on or after 9/11. PVA, alongside DAV, and the Elizabeth Dole Foundation (EDF), used their opening statements to highlight the unconscionable inequity created by the date of injury requirement.

In November, 2017, S. 2193, passed out of the Senate VA Committee with a vote of 14-1. Included in that community care reform bill is



the expansion of caregiver eligibility pre-9/11. The bill has not yet passed the Senate nor has it gained support from Chairman Roe because of his concerns of the cost of the expansion. During the hearing he expressed his belief that expansion can only be done by tightening eligibility in order to drive down costs.

Department of Veterans Affairs Secretary David Shulkin proposed a limited expansion to certain pre-9/11 veterans to appease the cost concerns of some members of the House of Representatives and the White House. In a memo to Congress sent last month, the White House said it could not support expansion to pre-9/11 veterans because of “fiscal restraints.” Secretary Shulkin said he believes his proposal would allow for a restricted expansion with a more appealing cost. It would restrict pre-9/11 eligibility to veterans who require assistance with three activities of daily living, rather than one as currently required for post-9/11 veterans. Veterans with severe PTSD and TBI would remain eligible.

The 26,000 caregivers already in the program would continue under the current eligibility. PVA, DAV, and EDF made it clear to the committee that while this proposal would not be opposed, our priority remains the equitable treatment of all veterans in need of caregiver services. We will continue to work to see that veterans who were made ill or injured in any era are able to receive the services they need.

## **PVA TESTIFIES ON RAPID APPEALS MODERNIZATION PROGRAM**

On January 30, 2018, PVA Associate Legislative Director, Steve Henry testified before the House Veterans Affairs Committee (HVAC) on the Rapid Appeals Modernization Program (RAMP) and whether or not the program is effectively helping veterans. The testimony consisted of two panels; one panel was made up of VA and GAO staff and the other panel was Paralyzed Veterans of America (PVA), Disabled American Veterans (DAV) and the National Organization of Veteran Advocates.

The Rapid Appeals Modernization Program is a “test” program implemented by VA to test aspects of the Modernization law that will be fully implemented on February 2019. RAMP offers veterans an alternative to appealing their claims to the BVA by offering them two options: Veterans can choose between a higher level review and the supplemental claim process.

The higher level review is conducted by an experienced Decision Review Officer (DRO), who will review the veteran’s claim and provide a decision based on what was in the record. The supplemental claim option allows the veteran to submit additional evidence, have their claim reviewed by a DRO, who will then make a decision based on the entire record, including the newly submitted evidence.

Unlike DAV’s testimony that provided a positive outlook on the RAMP program, PVA’s testimony was quite the opposite. For veterans to “opt in” to RAMP, all of their appeals must be withdrawn from the Board of Veterans Appeals (BVA); consequently, they would lose their docket date and their place in line. Furthermore, if veterans receive an unfavorable decision, they would be unable to appeal their claims to the BVA until February 2019.

PVA reiterated to the HVAC that unlike DAV, claims filed by PVA members are more often than not extremely complex. It is difficult to believe that the same representatives who had previously denied and improperly adjudicated PVA’s initial claims would then re-review and provide a proper decision.

Furthermore, to force veterans to withdraw their claims and lose their docket date is unacceptable. The claims of our members must be adjudicated expeditiously. Our members require quick and accurate decisions. They should not have to navigate more layers only for a negative outcome. When asked by Committee Chairman Roe what PVA would change about the program, we stated that veterans should not be required to withdraw their appeal from the BVA resulting in losing their docket date. PVA feels that RAMP is not good for our members.

## **BUDGET AGREEMENT INCLUDES DISASTER RELIEF FUNDING**

The budget bill signed into law by the President on February 9, 2018, after a brief government shutdown includes \$89 billion in additional emergency funds for communities affected by the recent hurricanes and wildfires. The bill includes \$28 billion in Community Development Block Grant Disaster Relief (CDBG-DR) funding, as well as resources to shore up the Medicaid program in Puerto Rico and the U.S. Virgin Islands.

While this bill contains significant disaster relief resources, housing advocates are concerned that it does not include the support necessary to ensure that disaster recovery reaches all households, including those with the lowest incomes. For example, the bill does not include the Disaster Housing Assistance Program (DHAP) that addresses longer term housing needs of low income disaster survivors, a requirement to collect and make public the data to ensure that the needs of low income people and communities are met, and housing-specific resources to ensure that the severe shortage of affordable rental homes in disaster-impacted communities is not worsened.

The following details of the CDBG-DR funds are provided courtesy of the Disaster Housing Recovery Coalition:

### **Community Development Block Grants**

The bill provides \$28 billion in CDBG-DR funding. Of this amount, up to \$16 billion is slated to address unmet needs, including \$11 billion that will be allocated to state and local governments impacted by Hurricane Maria, with \$2 billion of that set aside for rebuilding the electrical grids in Puerto Rico and the U.S. Virgin Islands. The remaining \$12 billion is set aside for mitigation projects. Up to \$15 million of CDBG-DR funds can be used to provide capacity building and technical assistance.

The measure provides the HUD Secretary with a number of limitations and special authorities. For example, the bill:

- Limits the determination of “duplication of benefits” to exclude those households that applied for, but did not accept, a Small Business Administration (SBA) loan.
- Requires grantees to maintain a public website with common reporting criteria to allow the public to see how all grant funds are used, including copies of all relevant procurement documents, grantee administrative contracts, and details of ongoing procurement processes.
- Allows the HUD Secretary to waive or specify alternative HUD requirements, except for requirements related to fair housing, nondiscrimination, labor standards, and the environment, if the HUD Secretary finds that good cause exists and that it is not inconsistent with the purpose of the CDBG program.
- Allows the HUD Secretary to make temporary adjustments to the Housing Choice Voucher annual renewal funding allocations and administrative fee eligibility determinations for public housing agencies (PHAs) in disaster-impacted areas. This authority is provided to “avoid significant adverse funding impacts that would otherwise result from the disaster, or to facilitate leasing up to a PHA’s authorized level of units under contract.”
- The bill also provides that any CDBG-DR funds that remain, after allocating funds for all necessary expenses, shall be used for additional mitigation activities in the most impacted and distressed areas.

### **Rural Development**

The disaster relief bill would provide a total of \$18.7 million to offset the cost of modifying Section 502 homeownership loans and to rebuild Section 515 Rural Rental Housing properties in USDA’s portfolio that were damaged or destroyed by the recent hurricanes and wildfires. The bill, however, limits Section 515 funds to those property owners who were not required to carry flood insurance.



Nearly \$166 million was provided to repair drinking water and wastewater systems that were damaged. Of this amount, \$2 million is provided for technical assistance.

### **Legal Aid Services**

A total of \$15 million is provided for legal aid services, however, the bill limits the usage of these funds to “mobile resources, technology, and disaster coordinators to provide short-term services.”

### **Tax Provisions**

The disaster package also extends favorable tax provisions that were provided to hurricane-impacted areas to communities affected by the California wildfires. This includes allowing tax-favored withdrawals from retirement funds, tax credits for employers impacted by the wildfires for retaining employees, and the temporary suspension of limits on charitable deductions, among other tax provisions.

## **DELTA AND UNITED ANNOUNCE CHANGES TO THEIR SERVICE ANIMAL POLICIES**

In recent weeks, Delta and United have issued revised policies for the transport of service animals and emotional support animals on their airlines. The new policies go into effect on March 1.

Delta’s revised service animal policy includes several key requirements that will impact all passengers with disabilities who use service animals. First, Delta’s revised policy requires all service animal users to submit a completed “Veterinary Health Form” 48 hours prior to travel. The form is available here: <https://www.delta.com/content/dam/delta-www/pdfs/policy/TrainedServiceAnimal-RequiredForms.pdf>. Second, Delta’s revised policy requires all psychiatric service animal and emotional support animal users to submit, in addition, a completed “Confirmation of Animal Training” form 48 hours prior to travel. On this form, available

here: <https://www.delta.com/content/dam/delta-www/pdfs/policy/EmotionalSupportAnimal-RequiredForms.pdf>, the user of a psychiatric service animal or emotional support animal must confirm that the animal has been trained to behave in public and affirm that inappropriate behavior will lead to denied boarding of the animal or its removal from the aircraft.

United’s revised policy would also require emotional support animal users to provide confirmation of training and a health certificate, to include an affirmation from a veterinarian “that there is no reason to believe that the animal will pose a direct threat to the health and safety of others on the aircraft or cause a significant disruption in service,” 48 hours prior to travel. More information about United’s policy is available here: <https://hub.united.com/united-emotional-support-animal-policy-2530539164.html>.

Paralyzed Veterans and nine other disability organizations sent a letter to U.S. Department of Transportation Secretary Elaine Chao on February 6th, asking the Department to deem these revised policies to be in violation of the Air Carrier Access Act (ACAA) and advise Delta and United accordingly. On February 8th, disability organizations, including Paralyzed Veterans, also met with Delta to discuss their policy and express our concerns.

In the meantime, however, the policies are still slated to move forward. We will continue to follow their status. Also, the Department has stated that it will begin the process for revising the ACAA’s service animal regulations starting in July.

## **DISABILITY COALITION MEETS AT PVA**

The Consortium for Citizens with Disabilities (CCD) met for its annual meeting at PVA on January 29, 2018. CCD is the largest coalition of national organizations working together to advocate for federal public policy that ensures the self-determination, independence, empowerment, integration and inclusion of children and adults with disabilities in all aspects

of society. Since 1973, CCD has advocated on behalf of people of all ages with physical and mental disabilities and their families. CCD has worked to achieve federal legislation and regulations that assure that the 54 million children and adults with disabilities are fully integrated into the mainstream of society.

In addition to organizational matters for 2018, the meeting featured an array of speakers from think tanks, Capitol Hill and federal agencies. Ellen Nissenbaum, from the Center on Budget and Policy Priorities, offered an overview of the budget environment confronting Congress in the year ahead. There is strong interest among the majority in the House of Representatives to tackle changes and cuts to Medicare, Medicaid, Supplemental Security Income (SSI), food stamps and low income housing programs.

However, some of the changes would require the use of the so-called reconciliation process whereby only 51 votes are needed for passage in the Senate. Senate Majority Leader Mitch McConnell has expressed little inclination to use reconciliation this year but GOP members of that body are still particularly eager to pursue changes to Medicaid similar to those attempted in 2017. A panel of administration officials featured representatives from the Department of Labor's Office of Disability

Employment Policy (ODEP) and Administration for Community Living (ACL). Jennifer Sheehy from ODEP reported that among DOL Secretary Alex Acosta's priorities is increasing labor force participation, including among those injured on the job. She and her colleagues described numerous demonstrations and pilot projects underway that are aimed at promoting, staying at work or returning to work for those with job-related disabilities. Describing her office's agenda in expanding employment opportunities for people with disabilities, Melissa Ortiz, from ACL, noted the President's commitment to finding ways to encourage those "who are work capable." She said she expects much of the administration's work on welfare reform to target that issue.

Staffers with the Senate Health, Education, Labor and Pensions (HELP) Committee, the House Committee on Education and the Workforce, outlined a 2018 agenda heavily focused on education matters. Those committees also expect to monitor the evolution of Medicaid work requirements and implementation of the Workforce Innovation and Opportunity Act.

---

**Paralyzed Veterans of America**  
Government Relations Department  
801 18<sup>th</sup> Street, NW • Washington, DC 20006  
(800) 424-8200 • (800) 795-4327 • [www.pva.org](http://www.pva.org)



**Share Your Story**

Please share your stories, photos, videos, and graphics about your air travel experiences as a passenger with a disability.

**AirAccess30.org**  
#ACAA30

Paralyzed Veterans of America  
pva.org  
ParalyzedVeterans  
PVA1946  
#VeteransMatter

ACAA

The graphic features a large white commercial airplane flying against a blue sky with light clouds. In the foreground, there are two overlapping photographs: one showing a person in a wheelchair being assisted by another person, and another showing a wheelchair and a bicycle. The bottom of the graphic contains logos for Paralyzed Veterans of America, AirAccess30.org, and the Air Carrier Access Act (ACAA).



**Paralyzed Veterans  
of America**

Oregon Chapter

June 23, 2018  
Tee Off 1 pm  
McNary Golf Club



Individual \$125  
Foursome \$400

Best Price - Great Cause

### Prizes

- Closest to the Pin
- Longest Putt
- Longest Drive

### More Prizes and Awards

- Individual  
Men & Woman
- Teams  
Mens, Womens & Mixed

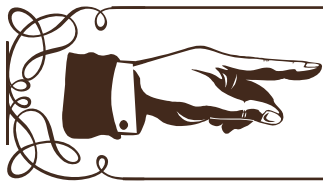
**Register Online:  
[www.oregonpva.org](http://www.oregonpva.org)**



155 McNary Estates Dr N, Keizer, OR 97303

Information: 503-362-7998 ♦ email: [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org)





# Classified Ads

**FREE  
Post**



## Commercial Property For Sale

**Sale Price \$500,000.00**

3700 Silverton Rd. NE Salem, OR

Main Building 3035 sf, Garage 18x31 = 558 sf, Tuff Shed 12x16 = 192 sf,

Conex Box 8x20 = 160 sf, Zoned CG. Jorie Girod Willers Principal Broker, GRI

jorie@bhhsnw.com 503.737.8038



## The Compassionate Friends

Salem Oregon Chapter  
Supporting Family After a Child Dies

*“A nonprofit self-help organization for families who have experienced the death of a child.”*

We provide friendship, understanding, and hope to those going through the natural grieving process.

### Salem Chapter Monthly Meeting

3rd Tuesday of each month, 6:30 - 8:00 pm

Salem Hospital, Building D. 939 Oak St. SE Salem

Take elevator to second floor, meeting room 1.

### Please Call if You Have Questions

TCF Phone # (503) 743-3930.

Janie Erickson (503) 931-1748



Summit Indoor Stair Lift  
Model SL350  
Call Gary: 503.362.7998  
(see page 16)

## Equipment For Members To Borrow



- Freedom chairs
- Hand Cycles
- Sport Chairs
- Retractable Handle and Modify Bowling Balls

Call OPVA for more information  
503.362.7998

**Free classified ads.** Submit to the office to post [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org) • 503.362.7998



Paralyzed Veterans  
of America  
Oregon Chapter

Oregon Paralyzed Veterans of America "Serving Those Who Served"  
**Please consider adding OPVA to your will or thrust**



**Paralyzed Veterans  
of America**

# MEMBERSHIP/CERTIFICATION APPLICATION

An individual is eligible for membership by meeting the following criteria: (1) is a citizen of the United States; (2) was regularly enlisted, inducted or commissioned for active duty service in the Army, Navy, Marine Corps, Air Force, or Coast Guard of the United States, or our allies as evidenced by other-than-dishonorable character of service documented by a verifiable DD-214 or DD-215 (entry-level separation not acceptable); (3A) was separated from the service in the Armed Forces under conditions other than dishonorable; or (3B) is on active duty or must continue to serve after the cessation of hostilities; and (4) has suffered a spinal cord injury or disease (such as MS, ALS), whether or not service connected in origin. Membership is free. **Complete and return application to the chapter or by mail, email, or fax to:** Paralyzed Veterans of America Membership Department, 801 Eighteenth Street, NW, Washington, DC 20006; (E) ChristiH@pva.org; (F) 202.466.6549. Providing the requested information is entirely voluntary but required for membership with Paralyzed Veterans of America.

**Chapter Name:** Oregon

**First Name:** \_\_\_\_\_ **Middle Initial:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_ / \_\_\_ / \_\_\_\_\_ **Social Security Number:** \_\_\_\_\_  Male  Female

**Race/Ethnicity:**

- Asian/Pacific Islander  African American/Descent  Hispanic/Latino  
 Native American/Alaskan Native  Caucasian

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Other Phone:** \_\_\_\_\_

## VETERAN STATUS INFORMATION

Please submit the following with application:

- Proof of U.S. or U.S. Territorial Citizenship (Birth Certificate, Passport, INS Form, or Voter's Registration Form).
- DD214 showing character of discharge.
- Medical evidence of spinal cord injury or involvement (medical records or physician's statement).

**Proof of active duty status must be verified prior to membership approval.**

**Have you been discharged under conditions that are less than honorable?**  Yes  No

If yes, please explain: \_\_\_\_\_

**Is your spinal cord injury or spinal cord disease service connected?**  Yes  No

## DISABILITY CLASSIFICATION

*Injury or diseases involving the brain but not the spinal cord do not qualify.*

### SPINAL CORD INJURY

Complete only if you have a traumatic spinal cord injury.

**Date of Injury:** \_\_\_ / \_\_\_ / \_\_\_\_\_

**Cause of Spinal Cord Injury:**

- Vehicular (car, motorcycle, aircraft, etc.)  
 Violence (gunshot, explosion, etc.)  
 Flying/Falling object  
 Sport/Recreation (swimming, diving, etc.)  
 Pedestrian (car accident, etc.)  
 Unknown  
 Other traumatic injury: \_\_\_\_\_

### SPINAL CORD DISEASE

Complete only if there is no spinal cord injury.

**Date of Diagnosis/Onset of Condition:** \_\_\_ / \_\_\_ / \_\_\_\_\_

**Specific Disease Involving Spinal Cord:**

- Multiple Sclerosis (involving bowel & bladder)  
 Poliomyelitis  
 Syringomyelia  
 Amyotrophic diseases  
(lateral sclerosis, transverse myelitis)  
 Other: \_\_\_\_\_



**Paralyzed Veterans  
of America**

# MEMBERSHIP/CERTIFICATION APPLICATION

The Veterans Benefits Department advocates for quality health care for our members and can assist you to obtain the appropriate benefits available as a result of your military service.

Is Paralyzed Veterans of America presently your accredited representative?  Yes  No

*If yes, I hereby request that my eligibility for membership in the Paralyzed Veterans of America be certified. I consent to process my submitted medical documentation to a confidential review by a member of the Paralyzed Veterans of America National Medical Staff, to validate that my condition presents as having spinal cord involvement and to allow official Certification by the Paralyzed Veterans of America National Secretary. I have no objection and hereby permit Paralyzed Veterans of America Service Officers to provide information to the Paralyzed Veterans of America National Membership Department that pertains to my qualifications for membership/certification.*

*I declare that I have read and meet the qualifications. I understand that my membership/certification could be denied or revoked if any information provided is inaccurate.*

**Applicant Signature:** \_\_\_\_\_ **Date:** \_\_\_ / \_\_\_ / \_\_\_\_\_

I do not wish to become a certified member

## OFFICE USE ONLY

### CAUTION TO ANYONE HAVING ACCESS TO THESE DOCUMENTS

The documents provided by the requester are personal in nature and are for membership eligibility and certification only. Information contained within these documents shall be treated with extreme confidentiality and released only to those employees of Paralyzed Veterans of America authorized to access.

I certify that I have personally examined the documents provided by the requester and find him/her to be eligible for membership/certification.

**National Secretary's Signature:** \_\_\_\_\_

**Date Received:** \_\_\_ / \_\_\_ / \_\_\_\_\_ **Date Acted Upon:** \_\_\_ / \_\_\_ / \_\_\_\_\_

**Member ID Number:** \_\_\_\_\_

**Date Received:** \_\_\_ / \_\_\_ / \_\_\_\_\_ **Date Processed:** \_\_\_ / \_\_\_ / \_\_\_\_\_





**PLEASE VERIFY YOUR MAILING ADDRESS ON THE BACK COVER**

Make any corrections below and return to chapter office

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ City State Zip Code

Phone Numbers: \_\_\_\_\_ Home Cell

Email: \_\_\_\_\_

Spouse Name: \_\_\_\_\_

Please consider adding OPVA to your will or trust

OPVA 3700 Silverton Rd NE, Salem, OR, 97305 • 503-362-7998 • oregonpva@oregonpva.org



Support Our Local Heroes

**Donate Now**



Paralyzed Veterans of America  
Oregon Chapter

Oregon PVA is a 501 (c)(3) Non-Profit, Federal Tax I.D. # 93-0713859

To mail in your donation, fill out this form and make checks payable to OPVA, 3700 Silverton Rd NE, OR 97305

Or visit our website, [www.oregonpva.org](http://www.oregonpva.org) to set up a payment or recurring payments

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_ General Donation  
\_\_\_ Membership

\_\_\_ Recreation Fund  
\_\_\_ Sport

\_\_\_ Hospital Liaison  
\_\_\_ Legislation  
\_\_\_ Advocacy



**Oregon Paralyzed Veterans of America**  
3700 Silverton Rd. NE  
Salem, OR 97305

**Address Service Requested**

Non Profit Org  
U.S. Postage  
**PAID**  
Salem, OR  
Permit #779

March/April 2018

# Proudly Serving Our Veterans.



Wheelchair Accessible Vans • Sales • Rental • 24 Hour Emergency Line

**Toll Free: 888-707-0456**  
**PerformanceMobility.com**

Portland West | Portland East | Eugene



AUTHORIZED DEALER OF: • BraunAbility Minivans & Wheelchair Lifts • VMI Minivans • Hand Controls • Bruno Scooter Lifters • Vision Rear Entry Vans • Full Size Vans