



# PARALOG

Oregon Paralyzed Veterans of America



Nov-Dec 2021  
Volume 25, Issue 6

**“Serving Those Who Served”**

[www.oregonpva.org](http://www.oregonpva.org)



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## NATIONAL SERVICE OFFICER

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Fax: 503-412-4763

## PORTLAND/Vancouver VA Primary

### Care Contact Phone Numbers

360-696-4061

503-220-8262

ext. 31665 (Portland)

800-949-1004

ext. 31665

### After Hours Number

888-233-8305

### Portland VA Contact Phone Number

503-273-5308

## RESOURCES

### ID Cards

[www.vets.gov](http://www.vets.gov)

### eVetRecords

[www.archives.gov](http://www.archives.gov)

### Vocational Rehab & Employment

[www.gibill.gov](http://www.gibill.gov)

### eBenefits

[www.benefits.va.gov](http://www.benefits.va.gov)

### Women Veterans Health Care

1-855-VA-Woman

### US Disaster Hotline

(800) 626 4959

## OPVA Mission Statement

Oregon Paralyzed Veterans of America (OPVA), incorporated in 1976, is a chapter of Paralyzed Veterans of America. OPVA serves the needs of its Members – U.S. military veterans with spinal cord injury or disease (SCI/D) – and helps them enjoy the highest possible quality of life.

OPVA, Members, Associate Members, Family Members, Volunteers, and allied organizations work to provide leadership and advocacy in

- Improving health care and SCI/D research and education
- Protecting veterans rights and benefits
- Improving awareness of disability rights
- Offering sports and health-promotion activities
- Increasing accessibility and removing architectural barriers in Oregon, Southwest Washington, and Idaho.

A 501(c)(3) charity, OPVA relies on grants and donations from members of the public.



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Cover Photo: Snowy Covered Bridge  
Page 3 Photo: Sawtooth Mountains, Idaho  
Courtesy of Adobe Stock Images

**Thank you to all our Sponsors!**

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**Oregon Paralyzed Veterans of America**

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# PRESIDENT NEWS



Larry Gardner – President

October 1st was the beginning of OPVA's fiscal year. We are already working and planning to make the new year much better than last year. I would like to first of all say: "Thank you so much!", to everyone who was able to attend our Annual Members Banquet this year. In many ways, it was more successful than you think. I hope you all had a very good time.



One of our goals this year is to increase our sports programs and to get more members involved with the chapter activities. Right now, for active sports, we have Trap Shooting, Air Guns, and Bowling.

Also we are in need of some sports coordinators, if you have some interest in any of these or other sports or have questions please call 503-362-7998. We want you!

Sports  
**COORDINATORS**  
Needed

The chapter is on the search for a MS Liaison, Sports Director and Coordinators, a Membership Director and a Central Oregon Ambassador to work with our members and potential members. Please call if you want to give some time to help us grow. We are always in need of volunteers to help with future events.





November 11th is Veterans Day. Unfortunately, the Albany Veterans Day Parade has been changed to a "Reverse Parade" due to COVID. We will not be participating. I know this is a big disappointment for us all. Albany has always had a large parade and celebration in honor of Veterans Day. We hope that next year the restrictions will be lifted and things will be back to normal.

Make sure you read all of the Paralog for updated information. Don't forget to mark your calendars so you won't miss out!

May you all enjoy the upcoming holiday season. Happy Thanksgiving and Merry Christmas to all our members and supporters. We could not do all that we do with out you.



## ARE YOU MOVING???

Don't forget to notify the office of your new address, email, and phone number.

If you are an OPVA member, we will let National PVA know where you are moving to, so you won't miss a single issue.

Please call 503-362-7998  
or email [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org)



# EXECUTIVE DIRECTOR Update

Stay Tunned For Upcoming Events!!!



(OPVA Volunteers)

Tom Hurt – Executive Director



What a year we have had! COVID 19 has kept us on our toes in regards to events we either put on or attended in 2021. With that being said, we have put our fiscal year to bed and have started planning out our next year's events with our New Board of Directors.

We have some new faces on the Board this year, I am looking forward to working with them all. I would like to introduce you to our new Board members directing the leadership of your chapter.

Our **new** Board Members :

- Don Headlin Eagle Creek
- Ken Cornelius Springfield
- Justin Larson Forest Grove

Our **returning** Board Members:

- Larry Gardner **President**
- Bill Gray **Vice President**
- Carolyn Hamstreet Shores **Treasurer**
- Dennis Hooper **Secretary,**
- Larry Ricklefs **Government Relations**

•Dustin Simmons **Air Gun Coordinator**

We are very excited to have Board Members from various locations through out the chapter's charter, so that you all have representation in the decision making for your chapter.



I would like to thank all of you who helped out with the various events this past year, it was a very busy season getting the word out as to what OPVA is about and what we do for our Veterans.



This coming year is looking to be as busy or busier (if that's possible). If you would like to volunteer or just attend some of these activities let us know you are always welcome to join in the fun.



Larry and I took a drive to Depoe Bay to personally thank Loren Goddard with Dockside Charters. We greatly appreciate their hospitality and support of our Veterans. These guys bend over backwards to make each and every Deep-Sea Fishing trip a success. We were honored to award them this year's Commendation Award.



Keep an eye out for the upcoming Deep-Sea Fishing trips, dates are being confirmed. These are always free for the members to attend and go on. Also, one item that I typically speak about at our regular member meetings is your Recreation fund that is available to every OPVA member. Since we just started our new fiscal year everyone has a \$250.00 allotment to use for recreation. If you have a question of what you can use your rec fund for see page 13 or do not hesitate in contacting the chapter office. Remember requests must be in the office by Sept. 25th!

We will gladly help answer any of your questions.

**Remember Rec Fund requests must be in the office by September 25th!**

As we look to the new year our first event will be the Albany Winter Rod and Speed car show on January 21st and 22nd. This is always a fun event, so if you like shiny cars give us a call and we will see about getting you into the show. We will have our raffle rigs there, the 1977 Corvette and the 2021 ATV Arctic Cat.



As always, we are looking for activities that you the members would like to be involved in, so if you have a particular hobby that you currently do or there is something that you would like to try your hand at give us a call and we would love to try and make it happen for you.

Wishing you and your family a Happy Thanksgiving and a very Merry Christmas.

**Save the Date**  
**January 21-22 Albany Winter Rod and Speed Show**





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# Veteran Suicide Prevention Awareness

## Reach out now to prevent a suicide later.

In 2007 the VA established The Veterans Crisis Line, it is a free, confidential, 24-hour hotline for Veterans and their families/friends. Since its launch in 2007, the Veterans Crisis line has answered more than 1.25 million calls and made more than 39,000 lifesaving rescues. To reach someone right away you can dial a number and speak with someone, send a text, or just as easily start an online chat.

A recent report found that those receiving care from the VA had a 16 % decrease in suicide. Learning and watching for signs of concerning behavior can help you and your loved ones get help!

### Some signs of concerning behavior include:

1. Hopelessness, feeling like there is no way out
2. Anxiety, agitation, sleeplessness, or mood swings
3. Feeling like there is no reason to live
4. Rage or anger
5. Engaging in risky activities without thinking
6. Increasing alcohol or drug use
7. Withdrawing from family and friends

If you notice any signs of concerning behavior here are some things you can do:

- **Start a conversation:** Mention the signs that prompted you to talk to them. Stay calm and let the person know you want to help them. Don't leave the person alone.
- **Listen, express concern and reassure the individual:** Let the person know you care and that you take the situation seriously. Letting the person know you care will go a long way in establishing a support system.
- **Create a safety plan:** Ask the person if they have access to anything that could harm them and call for help if you feel the situation is dangerous.
- **Get the individual help:** Provide resources for the individual. Call the Veteran's crisis line at 1(800)-273-8255. Or if you feel the situation is severe, take the individual to the closest emergency room or call for help.

Individuals experiencing such thoughts and behavior can make simple yet effective lifestyle changes to help alleviate these harmful thoughts and behavior. These can include getting exercise, taking time off of work, and spending time with friends and family to avoid isolation. Ultimately, anyone at risk or feeling uneasy should talk to their health care provider.

# OUT AND ABOUT WITH CAROLYN

Free for Members!!!  
Bring a guest  
for \$65!



Carolyn Hamstreet-Shores - Treasurer

One of the great pleasures of my life has always been fishing ever since I was a little girl. I never had anyone to teach me the how and whys of the sport so everything I do know I've learned from the trial and error.

The first few years after joining OPVA I was, like most of us, not very active and did not avail myself to all the chapter has to offer its members. Imagine my surprise when, while reading the Paralog, I found out that they not only do they offer 3 Deep Sea Fishing trips every year... they're **FREE** to members only.

Also, we can have someone go with us for only \$65! It didn't take long to convince myself to try it. The rest is history. I have been going out with the gang ever since.



For many years, I usually was the only female on the trips but now I'm glad to see more of our female members are joining us. We used to go out of Garibaldi sometimes but now, thanks to the generosity of Dockside Charters and the help of the different captains and crews, we now go out of Depoe Bay. They ensure that; as well as all the fish we catch, we always have a mess of crabs to take home.







Over the years we have caught many different kinds of fish: Black Rockfish, China Rockfish, the beautiful Tiger Rockfish, Cabezon, Canary Rockfish, Salmon and everyone's favorite, Lingcod . Why one year, member Jack Howell caught a huge Halibut. Now, I personally don't really care whether I catch a fish or not (though I do hope I do) because I just love being out on the ocean. Whether it is nice and sunny like it has been each trip this year or if it's cloudy, rainy and windy with rough seas and our chairs sliding around the deck, to me it is like a slice of heaven. We always see a variety of wildlife be it whales, sea lions, dolphins and/or many different kinds of shore birds and the scenery of the coastline is beautiful. It's never the same.



A lot of our members who fish drive over in the morning and then drive home the same day. However, some of us who can't do that whether for physical reasons or distance, come over the day before and then stay another night and go home the following day.

This is where the Recreation Fund comes in handy. You can use it to pay for meals and motels. Free fish, free crab, free lodging and a free trip out on the ocean; What more can a person ask for???

**Don't forget about the  
Rec Fund!**

Attendance has been way down this year. For the May trip there were 13 of us; the June trip, which was canceled due to weather, only 5 showed up. For the makeup July trip there were only 3 of us. The last one in September, there were 11 of us.



In all of these trips, there was room for 48 people to go fishing. Out of a membership of 290 only 32 people took advantage of this benefit. Of the members that do, it's usually the same ones. It used to be that we were lucky to get to go once or maybe twice a year because so many people signed up. I really would like to see more members sign up and go fishing.

**IT'S FUN! IT'S FREE!  
IT GETS US OUT OF THE HOUSE!!!**

# We proudly support Oregon PVA



If you have a **service-connected disability**, you may qualify for VA funding assistance for wheelchair accessible vehicles or driving modifications. If your current vehicle is more than two years old, you may even qualify for a brand new conversion. If you are a non-service connected Veteran, you also may be eligible for benefits towards mobility solutions.

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Oregon Chapter



# Recreation Fund Reimbursement

(Members Only)

Oregon PVA voting members are eligible to **RECEIVE \$250** each fiscal year through the Member Recreation Reimbursement Fund. It begins **October 1st** and runs through **September 30th** each year.

Include name, address, phone number, your legible receipts (legible photo copy is ok) and a short description of what you did to have fun with your friends and family. We like pictures too (digital pictures are best), they may make it into the Paralog. Please note: drugs and alcohol will not be reimbursed.

◆ **Eating Out** ◆ **Movies** ◆ **Games** ◆ **Hobby Supplies** ◆ **Motel** ◆ **Sports**  
◆ **Event Tickets** ◆ **Guns** ◆ **Trips** ◆ **Vacation Expenses (lodging food, gas etc)** ◆  
**OPVA Events etc**

All receipts must be dated and used within this current fiscal year (10/1 - 9/30). Rec Funds **NOT** received in a timely matter will be denied.

Mail or email to: Oregon PVA, 3700 Silverton Rd. NE, Salem, OR 97305 - [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org)  
Your request must be received in the office no later than **September 25th**. Earlier is better in case of any problems.

Please contact the office at 503-362-7998 if you have any questions or require additional information about the Recreation Fund.



## Especially now, we need your support.

Donate a car, truck or other vehicle.  
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[www.pva.careasy.org](http://www.pva.careasy.org)



Get Paid to Have Fun!



## \$250 REC FUND REIMBURSEMENT



Canyonville was my first home. I visited it with my middle grandson this weekend. I arrived the day my youngest grandson was diagnosed with COVID. He stayed home while I drove John, the middle grandson, all over Canyonville and even south to Galesville. We had lunch at Ken's Sidewalk Cafe. We stopped at El Parisio, a possible contender for my class reunion next Summer.

We drove by where I used to live and my paternal grandparents former home. We put new fake flowers on their grave plot adjacent to 7-Feathers.

My grandfathers both served in the Army, during WWI. I enjoyed my accommodations at 7-Feathers. The weather was great during the daytime in Canyonville, a nice town.

*Barbara B.*



Just wanted to say thanks for this fund! I was in the VA hospital for 7 months and just got out July 15th. I will not be able to do anything much at this time, but do plan to go to the range for target practice. This allowed me to get some ammo to have a good time with some other Vets.

Thanks again,

*Bear*



When the temperature was 110 degrees at our home, we went camping at Long Beach, WA. My husband and I had fun watching our kids and their dogs play in the ocean. We enjoyed great meals and flying our new kite.

Thank you for the Recreation Fund!

*Dinah W.*



This year we ate at home or did take out due to the virus. I enjoyed my flower beds and plants. Whenever it was not too hot, we planted, weeded and watered with help. It always lifts my spirits when my caregiver picks flowers for the house, fresh from the yard. Thank you and the people who make this possible.

*Brenda M.*



Because of the pandemic, I'm still too worried about staying in hotels, so I got my very first ever RV! To learn the ropes, I stayed at Premier RV Resort here, in Salem. Lovely park and I even caught a few fish! Looking forward to more RV adventures. Would love to plan a group camping trip with other OPVA members! Thanks for the Recreation Fund. Stay safe everyone.

*Gloribel C.*

Sirs:

With COVID problems, I have remained at home almost every day, week, month and year. The opportunities to get out have been rare. However, my wife and I did go out once for a take out at Taco Bell. We took a drive on a beautiful weekday to Hood River and had sandwiches and soft drinks at Full Sail Brew Pub, and picked up some fixings at Costco. Not too much of a life, I would say. Let us all hope for a speedy return to normal!

As usual, a big THANKS to the folks at OPVA for all the things they do and provide!

*Regards, Ron*



Hi,

Here are copies of register receipts from October 24, to July 14. This last year, I didn't do much, like so many people. Mainly, I ate food someone else fixed. My friend and I ate outside once, and my husband and I had take out and delivery meals.

Hey, at least the company was good!

Thank goodness for the Rec Fund!

*Susan H.*



Dear OPVA,

The last year or so has been hard on everyone with all the shutdowns. My wife and I have had to cancel a couple anniversaries and birthdays along the way, like every one else. Finally in July, we were able to get out and combine them all together.

We went to Walla Walla Steak CO, in Walla Walla, Washington. It was great! Excellent food and service. Easy wheelchair access and very family friendly. Two restaurants in one. Something for everyone. We had what they called "The Hatchet". It was huge and awesome! The kind of fun we needed!

Thank you for all you do to support us!

*Chris and Cindy W.*



**What I did for fun?**

**I eliminated uninvited guests. Pet killing things (Coyotes)**

**Thank you OPVA.**

**Respectfully,**

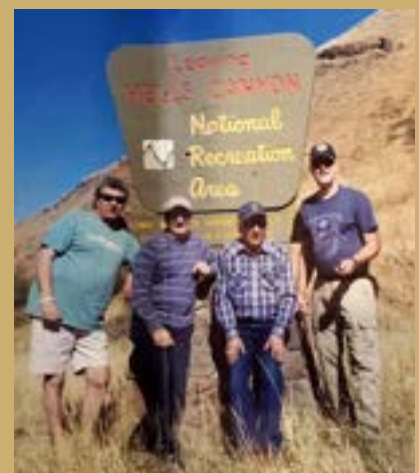
***Michael B.***

Dear OPVA,

I would like to start off by saying Thank You to all those who make it possible for the Oregon PVA to have a recreation fund to help disabled Veterans get out and enjoy the good life we are surrounded by: my wife and I truly appreciate it. The last week of August this year, myself & three other navy buddies had a 43 year reunion get together in Joseph, Oregon. We stayed at the Wallowa Lake Lodge and enjoyed good food, car show, and cruising around up in the mountains. It was great to reminisce of Navy days and catch up with one another's lives. What a great time we had, so again, we say "Thank You."

May God bless you all in a special way!

*Don B.*





Dear Oregon PVA,

Greg is a member of OPVA and appreciative of what you do for so many. For the first time, we are applying to the Recreation Fund for reimbursement for part of the cost of renting a scooter friendly van to join our family at "Family Camp", in Central Oregon. A great time was held by all! We would not have been able to join the camp this year without the van.



Thank you for helping to remove a barrier to our participation!

*Anna and Greg*

Dear OPVA Rec Fund:

As some may know, I am afflicted with green and yellow fever, also known as, John Deere Fever. This fever started innocently enough fifteen years ago when my brother gave me a 1974 John Deere 140. At the time, I needed a hobby to keep me busy, when I should be resting. Anyhow, it soon turned into a habit, for which the only cure is death. Fortunately, I have not overdosed, yet. But feeding the habit by buying more John Deere stuff is costly. But it is the only thing will alleviate some of the pain.

I enjoy restoring old John Deere lawn and garden tractors and their related equipment. I have designed and built some equipment, as well. Recently, I have been building an STX38. There were two different model STX38s, 1994 thru 1997, came with a black deck. Supposedly, most of their related parts were not interchangeable. I beg to differ (that's kind of how I am) so I've taken one of each and made a custom one-of-a-kind lawn tractor. The seat and PTO clutch I just purchased, will allow me to spend more time mowing grass/weeds in the Summer and pushing snow in the Winter. I will have to modify the seat base to accommodate one of my wheelchair cushions with a butt protector gel pack. Spending 3 or 4 hours on a riding mower does nothing to maintain the health of my bottom end. The new seat and cushion should improve that situation.

Thank you OPVA Rec Fun for helping with my bottom line!

Don W.



# Adaptive Sports Spotlight



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*\*Scuba Access for Everyone (S.A.F.E.) is a nonprofit organization that uses SCUBA diving to help people with limited abilities or living with trauma to change their narrative about what is possible. \**





# GOVERNMENT RELATIONS NEWS

Larry J Ricklefs – Government Relations



As this article goes to press America is about to spend a lot of money measured in the trillions of dollars on everything imaginable beginning at A and storming through Z, more or less.

The exact figure remains elusive boxed in a dark room in the deep caverns of Washington, DC subjected to the daily not-yet-final-negotiations that will establish the price tag, whatever, the agreed upon amount the price will be right.



The VA is hopeful working with an anticipated Budget Resolution \$18.2B largess of which \$15.2B dedicated to infrastructure; balance spread over education, clinic leases, and digital service records - all designed for improved response for Veteran benefits.

Veterans suffering from PTSD will soon have the opportunity to train and partner with a service dog.



This has been a long overdue program. Autos for Vets H1361, S444 have hit a chuck hole with some sponsors but the potential disabling flat tire is the cost of the program. Don't hold your breath on this one. Home improvements will be over hauled with greater flexibility (if approved). ALS patients will see eligibility criteria relaxed.

Funding bill score card: House 9/12, Senate zero. Letters, anyone?

There is a huge push for SOCIAL SECURITY 2100 that will change the face of SS benefits delivery. Stay tuned.

If you owe the VA prescription Rx money they started collections as of 10-1.

Finally, ahem! Oregon Legislative Summary now available. It is lengthy so set aside an evening, grab cookies and milk for a delightful evening read with your sweetie.



***Please consider adding OPVA  
to your will or trust***



We enjoyed a much needed get away at Wallowa Lake with the family! Explored the scenic Eagle Caps, enjoyed all the wildlife and took a tour around beautiful Joseph Oregon.

*Jack H.*



**Good Afternoon,**

**Here is my Receipt from Stone Cliff Inn where my family and I had a lovely brunch for our 47th Anniversary, Birthdays and granddaughters getting ready for school. This place is beautiful over looking the Clackamas River and the food is Superb and great service which I highly recommend to visit if you want a fantastic meal. Thank you very much for this occasion to go out with family and friends.**

**Sincerely,**

*Larry V.*



Hello,

This Summer, my sons and I were able to go to the sand dunes in Florence, OR. It was our first time there and we had a fantastic time! I'm thankful for OPVA and their kind gesture with the recreation fund; as it allowed me to participate in these types of activities with my sons.



Thank you,

*Travis N.*



Dear OPVA,

My wife and I enjoyed a wonderful dinner out a George & Violet's Steakhouse, in Springfield, for our 21st Wedding Anniversary, on April 29. In addition, at the beginning of the year, we decided to begin hosting a monthly game night with our close friends (who have been part of our "pandemic pod" since the beginning). We've purchased numerous games (the age range for our game nights is 7-62) and have enjoyed eight game nights so far...our next one is this Friday. We are excited to try out Isle of Cats for the first time.

Thank you for your help and for the Recreation Fund.



It is truly appreciated!

Sincerely,

*Marc S.*

This trip was like NO OTHER!!!! We took our annual trip to Arizona and ended up being quarantined for the whole trip due to COVID exposure. We usually spend the time taking little side trips and enjoying the sun, cuisine, and Saturday parking lot markets. NONE of this happened this time! Instead, we nursed sick family and host. Fortunately, all fully recovered. It made for a very memorable trip...one we hope to never repeat! Looking forward to a RE-DO next spring.

Thank you for the fund!!!

*Dennis and Karen H.*



Once again OPVA has enabled me to spend a wonderful couple of days fishing, crabbing and just enjoying the beautiful, warm weather at the coast with my friend.

This time, because of the Recreation Fund, I was able to treat my friend to two nights at a motel, a couple of meals, as well as, the fishing itself. We both had a fantastic time!

Thank you so much for furnishing \$250 to me through the Rec Fund!



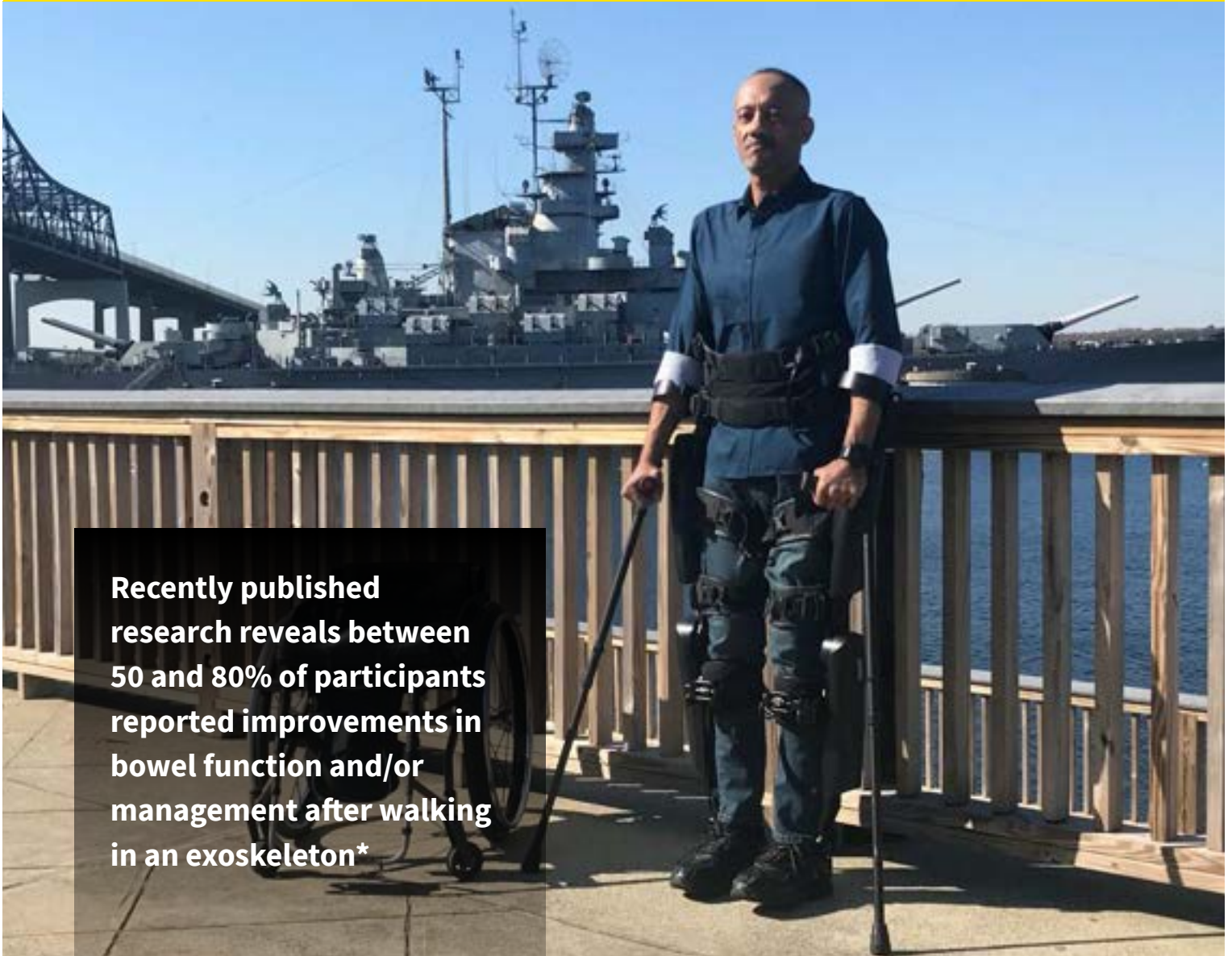
I don't understand why more members don't take advantage of the opportunity to get out of the house, have fun and have it paid for.

It's a win-win opportunity!

Gratefully yours,

*Carolyn H.*

## Want To Improve Your Bowel Function?



Recently published research reveals between 50 and 80% of participants reported improvements in bowel function and/or management after walking in an exoskeleton\*

**Did you know Paralyzed US Veterans May be Eligible for a ReWalk Personal Exoskeleton?**

Contact ReWalk for more Information:  
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**508.251.1154** option 2





## UNITED STATES DEPARTMENT OF VETERANS AFFAIRS

The “Ask a Question” system on the GI Bill website will be upgraded to a new system called “Ask VA” on October 18, 2021. You will be able to submit your questions and documents to VA using this new system.

To make “Ask VA” secure and to protect your personal information, you need a VA.gov account, which you can also use to access other benefits and systems in VA. If you need to create a new account, you must verify your identity. You can do so by using your account for certain secure VA systems, like MyHealthVet, or by creating an ID.me account. Creating an ID.me account may require personal identity documents. If you have questions about the account verification process, these resources may help:

- Privacy & security on VA.gov
- ID.me Help

We advise you create your VA.gov account in advance because it can take some time to verify your identity. Call the MyVA411 main information line at 800-698-2411 if you need help setting up an account.

Please keep in mind:

- If you have an open issue in Ask a Question, it will be addressed and closed as normal.
- You won't notice major differences in how this new system functions and you'll be able to submit GI Bill questions, documents, and information through it as normal.
- Any documents or evidence you've previously submitted will be preserved in your file, but any conversation history will be lost.
- We recommend you make a record of any conversation history you want to preserve. To do this, open your “Ask A Question” account, open any inquiries you want to save, and copy the text of those inquiries into a stand-alone document.

As of October 18, 2021, any link to “Ask A Question” will automatically redirect to “Ask VA,” but we recommend that you update links and bookmarks to the new system. All of the GI Bill Frequently Asked Questions on the GI Bill website will be moved to a new location. You will still be able to find them on the website, but if you've saved a link to a particular question, it will no longer work.



# Veterans Day

**Thursday**

**November 11th, 2021**

★ ★ ★ ★ ★ ★ ★ ★

*Honoring All Who Served*





# SPORTS

## Corner



## AIR RIFLE/AIR PISTOL

DUSTIN SIMMONS

Shooters,

Thank you to those who turned out for our Air Rifle Open House. I would like to thank the Albany Rifle and Pistol Club for hosting our event.

It was a long process to bring this together but it was well worth it. I believe we have everything dialed in to begin regular shooting events. If that's what you the members are interested in doing? All we need is for you to start showing up.

Please let us know what kind of schedule will work out best for you and we will put together events that will best work for everyone. You can do this in several ways: We have members from our Board of Directors contacting members, you can call the office at 503-362-7998, or you can also send an email to [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org)



For those who are unaware, the shooting events we hold directly help you with your air rifle competition, during the National Veterans Wheelchair Games. If you have the interest and excel in this sport, you could cross over to the Paralympics. However, if you don't feel the need for the competition we still love having you out, being able to visit and have fun. We are here to serve you, my fellow veterans. Until next time, safe shooting.





## **BOWLING** GRANT BUEHLER

As I am writing this, bowling is still happening. Are bowling alleys open? The answer is “yes”. Some are open more than others, but they are still open.

I’ve made a number of phone calls to our members from around the area. Some are interested, some are having health issues & then there are some that I am still waiting to get a phone call back from. Since I have had interests from a couple, I am going to continue on with our bowling program. I’m still determined to make it as successful, as I can.

As you may or may not have known, I launched our bowling league a couple years ago. It’s true, I’ve struggled & fought through the pandemic. I’ve had to suspend & then re-start our program due to the COVID pandemic. Believe me, it wasn’t something I wanted to do, but forced to for our members health & safety concerns.

I’d love to see you all out there bowling at an alley of your choice.

I believe that “we” can push through & have much success with our programs together.

Anyway, I am very glad to see a light at the end of the tunnel. We are all healthy and alive. The bowling alleys (or in my terms that I am used to,

“houses”) in Oregon have been open to the idea of optional mask wearing. Personally, I’ll do whatever it takes to do what I want to do. I’ve started exercising more, I’m continuing to get muscles in my shoulders back to where I can roll a 12-pound bowling ball down the lane with ease.



Recently I’ve registered for a bowling tournament in Las Vegas, December 1-4. Which is the “60th AWBA National Championships” at Sunset Station in Henderson, Nevada.

I loved it when I came into the office last week when I was on the phone with a few of our members, I was personally talking to 2 potential bowlers. They had gotten their registration forms, just needed to fill them out and send them in. But, at the same time, they can still bowl and send their scoresheets & receipts in.



I'd love to see more interest from you, the members. Also, don't forget, your family members can also join our bowling league.

Our fall season started on October 1st & will go through December 31st. It's never too late to start bowling as I have set up leagues to go year-round (Fall, Winter, Spring and Summer). So, it's never too late to join. I look forward to receiving your bowling scores.

I'm sorry I missed you all at our Member Banquet in September. I had a scheduling conflict, life happens.

Once I can get enough members interested, prizes and participation certificates can be presented at the next Members Banquet.

Remember every day is a new beginning & you can make it better than the last. Same with bowling. So, let's get back to bowling!



I love it when we all can get along and support each other in the different programs that OPVA has to offer. As always, I'm just a call away for any thoughts, questions and suggestions, even to send you a registration form for you to fill out and send back in. Don't hesitate to shoot me an email at [oregonpva@oregonpva.org](mailto:oregonpva@oregonpva.org) or call the office 503-362-7998.



## TRAP SHOOT

LARRY GARDNER

Here we are still in the Fall season for the multiplex shoots. The multiplex seasons are:

- Summer is May thru August
- Fall is September thru December
- Winter is January thru April.

Our chapter usually shoots at the Hillsboro Trap & Skeet Club or the Albany Trap Club and is the first Sunday of each month starting at 10am for the multiplex shoots.

The scheduled weekend events start sometime in March and we try to let our interested members know ahead of time about these shoots. I'm trying to build our trap team back up for 2022. If anyone is interested please give me a call at 503-362-7998. We will do everything we can to get you going.



For our members, we have some shot guns available to loan out, if needed and ammo, while supplies last.

We had our first open house for air gun shooting at the Albany Rifle and Pistol Club. We had a very good turn out. Again if you want to join our air gun or trap teams give us a call. Well, that's all I have for now so I'll be here waiting for your phone calls to come in. Let's build some great teams and memories!



# Southern OR Ambassador Report



Lithia Park, Ashland

By Dennis Hooper – Southern Oregon Ambassador



I say this every year, that Fall is my favorite season. This year offers the opportunity to reflect back upon the unique summer that we all had to endure. Yes, things almost got back to normal. There were some fairs and festivals and some that were canceled.

Our Chapter tried to reach out to our community and our members here in southern Oregon. It was great to see our Chapter visiting our southern region. Our President, Vice President, Executive Director and our Board made painstaking strides to make all our members feel welcomed and represented. It was a challenge indeed with all the events of this summer, sometimes not knowing if and when these events would occur.

With all the distractions posed by the pandemic and wildfires, I thought it would be difficult to escape the heat and smoke of Southern Oregon.



I elected not to go to the National Veteran's Wheelchair Games in New York City, as it didn't seem it was prudent to travel that far yet. I did think that something in our region would provide some adventure and exercise. After doing some research, we decided to attend the Warfighter Watersports Camp put on by the good folks at Common Ground in Logan, Utah.



We have been on a couple trips with this group, so we know we are in good hands. We enjoyed four days of water skiing, kayaking, hiking and horseback riding. They put us up in a private residence on the shores of Bear Lake in Garden City, Utah. At almost 6000 feet, this small town near the Idaho border offered the usual tourist activities. We were even treated to a live performance of Peter Pan. The lake water was quite pleasant for the surface activities. It had been awhile since we did rigorous water activities, so I myself, was a little rusty. One day of skiing and one on the kayak so we got to see quite a bit of that huge lake. You could see the fish near the shore.



The town is known for its raspberries and has a festival every August that features a boat parade at night and fireworks. We were treated to a day at Bridgerland Adventure Park where we mini-golfed, tube ride, and rope coursed our way to a good work out! We also got to hike on the near famous Limber Pine Trail. This is actually about several old trees that have grown together to make one tree. The trail head is at about 7800 feet elevation. One didn't have to worry about any smoke here. If that wasn't enough, they took us for an hour of horseback riding. It has been a few years since I've been on top of anything that powerful. He was a calm horse and knew the way by heart. He did not get excited even when a deer crossed our path. All I had to do was hang on! The cowboys brought the horse right up to the lift of the shuttle bus and from my chair, I grabbed the saddle to throw myself over. Almost smooth!



The group provided the ride back to Logan and we caught our shuttle to the SLC airport. They actually had regular weather there and not triple digits like we had back home. Our calendar this June had not filled up yet and this opportunity was too good to pass up. I recommend Common Ground trips to all our members. They really treat veterans well and can handle most all adaptive challenges that may occur. They are not that far away. One can choose to use our chapter's recreation fund to help with travel costs. Do not let another Summer (or Winter) pass without giving these folks a call!



# IDAHO AMBASSADOR REPORT



VA Medical Center Boise, Idaho



By Donald Wyatt – Idaho Ambassador

For this article I decided to write about my recent visit to the Boise, VA medical center, ER.

I have been dealing with abdominal/stomach pain since around the first of the year. In April my doctor ordered a bunch of tests and came up with a diagnosis of, H. Pylori and four or 5 small ulcers. She prescribed a bunch of different medications. I followed the instructions but there wasn't much relief.

Fast forward to September 29, 2021. The pain seemed to only get worse. After calling my team at the VA (caller 16) to try to get an appointment I decided that waiting until October 26th to see a doctor was not an option. I drove to the ER to check in.



I arrived at the ER desk at 12:45pm. The very friendly lady behind the plexiglass partition six feet in front of me asked my name, last four and date of birth. Apparently, I answered correctly because she said, "perfect." Then she asked a couple of questions I hadn't expected. "Do you want the fun package or the vacation package?" I was sitting there in my new Quickie manual chair thinking about what she had just said when she continued. "I need to inform you that our vacation package is over booked to COVID customers so we are offering the fun package at a great discount." Well, I'm sometimes a bit slow but I thought I got her meaning. "I will have the fun package then."

"Good choice," she said. "You can just have a seat in the waiting area. Someone will be with you soon." I'm always sitting so I wheeled over the four feet or so to the roped off waiting area and took my designated three-square feet of space.



I know I was in the right place; since there are blue stickers glued to the floor, telling everyone to stay six feet apart and stay safe, so anyone who has a question will know just where they need to be.

A few minutes later a young female nurse wearing a red Sedona, Arizona, sweatshirt came to take me away. She wanted to push me but I elected to propel myself. She wanted to take my vitals. She did. Then she wanted me to stand up so I could be weighed. I'm a para and this happens all the time so it doesn't bother me too much anymore. I just said, "not today," and explained. So, it was back to my little roped off space in the roped off waiting area.



Forty-five minutes later another friendly nurse came to inform me it was now my time for fun. "Oh boy," I said and followed her to a room with a ceiling lift. A male nurse appeared out of nowhere with a sling and started hooking me up for a lift into the gurney. Before long I was lying on the gurney wondering what the fun package was. In came that friendly nurse with an arm load of goodies. "So, what do I get in this fun package?" "Well, you get to experience a blood draw, IV fluid infusion and we need a urine sample." (I'm not going there at this time) She was gone through the curtain again and quickly came back with warm blankets. That helped. Doctor Brackney came in, asked a bunch of questions concerning where the pain was and how long

it had been bothering me. "Are you in pain now?" he asked. "I am," I replied, "Do you want something for it?" he asked. "I do," I said again. He was gone again. The nurse came in with a dose of something white and mixed in some Novocain. It didn't take long and the burning in my stomach was gone but the nurse was poking a needle in my arm for some blood and fluids. The doctor was back again, "do you want a CT scan?" "If it will help find out what the problem is then yes," I said. Out he went. I felt so good I took a short nap. Down to radiology for a CT scan.

Soon the doctor was back with the results of the scan. "You have an ulcer in the upper portion of your stomach. I think it is caused by the medications you are taking. Stop all your meds and I will prescribe different meds." "Done" I said. A few minutes later the IV was out and I was back in my chair and ready to head home with my new meds. The next day I knew the new drugs were working because the burning in my stomach was gone. The next day I was even better. All kidding aside, they were over worked, probably understaffed and probably tired because it was the end of the day but they were all very professional in their work and extremely friendly. All in all, it was a four and a half hour time in the fun center at the VA.

Ah, come on, lighten up. Laugh a little. Laughter is good medicine, as they say



# Happy Birthday!!!

Richard Kyser	11/2	William Hauser	12/14
Felicidad Boddy	11/2	Donna Schymanski	12/15
Martin Halsey	11/5	Paul Dahlke	12/16
Lynette Nobel	11/5	Paul Donovan	12/21
Ken Allen	11/5	Duane Ingersoll	12/22
Louis Grimmer	11/7	Bradley Williams	12/23
Jack Howell	11/13	Brian Barlow	12/25
Edward Lanssens	11/13	Leslie Halvorson	12/29
Dennis Harbour	11/20	Michael Mayea	12/30
Steven Ross	11/21	Richard Dean	12/30
Dawn Roden	11/21	Edward Lawrence	12/31
John Balbin	11/22	Sue Horn	12/31
Carl Hay	11/23		
Terry Langston	11/23		
Steve Shirey	11/27		
Daniel Brophy	11/27		
Robert Haberman	11/27		
Francisco Navarro	11/27		
Joseph Theriot	12/1		
Ronald Latham	12/4		
Patrick Cain	12/5		
Pauline Cox	12/8		
Steven Terry	12/9		
Ivan Nance	12/10		
Jarlin Medlock	12/10		
Brian Schmidt	12/10		
Donnie Hedlind	12/11		
Scott Larsen	12/13		
Angel Enriquez	12/13		
Brian Price	12/13		





Happy Thanksgiving  
and a Very  
Merry Christmas  
from OPVA!!!

*Bill Gray*

*Ken Cornelius*

*Dennis Hooper*

*Dustin Simmons*

*Justin Larson*

*Don Headlin*

*Larry Gardner*

*Larry Ricklefs*

*Carolyn Hamstreet Shore*

*Nathan Paine*



# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11 Veterans Day	12	13
14	15	16	17	18 B.O.D Meeting	19	20
21	22	23	24	25 Thanksgiving Day	26	27
28	29	30				

**Office Closed**





# December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
						Christmas Day
26	27	28	29	30	31	
						New Year's Eve

 **Office Closed**





# Washington Update

Recent news regarding legislation and regulatory actions affecting veterans and people with disabilities.

Written and produced by Paralyzed Veterans of America - Government Relations Department

October 15, 2021

Volume 27, Number 17

## Want to Follow the Status of Priority Issues Between Updates?

Visit the PVAction Force page to view our latest alerts and a list of key legislation and its status. Also, check out our latest blog on the status of some of PVA's veterans priorities for 2021 and sign the petition to improve access to air travel in honor of the 35th anniversary of the Air Carrier Access Act.

New Resources for Air Travel on PVA.org  
Check out [pva.org/airtravel](http://pva.org/airtravel) to see new resources for air travel passengers with disabilities, including new complaint and travel tip sheets and an animated video showing the barriers wheelchair users commonly encounter.

## SURVEY ON ACCESS TO AIR TRAVEL

October marks the 35th anniversary of the Air Carrier Access Act. This law prohibits disability-based discrimination in air travel. We need your help to learn more about the current air travel experiences of passengers with disabilities. Please complete a short survey to help inform our policy efforts on this issue. This survey is sponsored by Paralyzed Veterans of America and 11 other disability-focused organizations.

## VETERANS BENEFITS/SOCIAL SECURITY COLA ANNOUNCED

The Social Security Administration (SSA) announced on October 13 that Social Security benefits will receive a 5.9 percent cost-of-living adjustment (COLA) increase starting in 2022.

SSA's COLA serves as a baseline for other federal benefit increases such as military and federal employee retirement pay and certain veterans' disability compensation programs which will also rise by that amount. This increase represents the largest COLA in nearly 40 years.

## PVA PARTICIPATES IN ROUNDTABLE DISCUSSION WITH LEADING VSOS, SVAC CHAIRMAN

In late September, PVA participated in a roundtable conversation with several of its veterans service organization (VSO) partners and Senate Veterans' Affairs Committee (SVAC) Chairman Jon Tester (D-MT) to discuss ways Congress can best meet the evolving needs of veterans and their families. Much of the discussion centered on supporting veterans amid the ongoing pandemic, curbing veteran homelessness, providing benefits to veterans suffering from conditions related to hazardous exposures during military service, and delivering critically needed mental health services. Several participants, including PVA, urged the Chairman's support of bills that would automatically re-enroll eligible veterans in VA's clothing reimbursement program, allow adult children to remain under the Civilian Health and Medical Program for the Department of Veterans Affairs (CHAMPVA) until age 26, and increase mammography accessibility for paralyzed and disabled veterans.



PVA's National Legislation Director Morgan Brown urged Chairman Tester to support S. 444, the "AUTO for Veterans Act," which would grant eligible veterans a second auto allowance giving them access to reliable, safe transportation and allowing them to take advantage of innovative automobile design and mobility equipment advancements. Mr. Brown also expressed PVA's concern with the extremely limited availability of home and community-based services through VA, including the urgent need to expand the Veteran Directed Care program to all of VA's medical centers. Morgan also identified some of the difficulties PVA members have in finding suitable workers to provide home health services and recommended that VA be properly resourced to administer its own programs to incentivize direct care workers for veterans.

## UPDATE ON GOVERNMENT FUNDING AND VETERANS BILLS

Congress was able to prevent a government shutdown recently and approved a temporary hike for the country's debt ceiling, but long-term solutions for both remain elusive. On September 30, lawmakers approved a temporary budget extension that runs through December 3, giving Congress about nine additional weeks to pass a formal budget plan for all federal agencies. A debt ceiling agreement, which passed 12 days later, raised the maximum amount the U.S. government can borrow by \$480 billion to what is now \$28.9 trillion. Financial experts say the increase could keep the country from defaulting on its debts for about three months but the exact timeframe depends on a number of factors including how fast the money is spent.

Congress has developed a habit of pushing its

toughest priorities toward the end of the year, and 2021 is shaping up to be one of the most challenging yet. In addition to permanent solutions for the federal budget and the debt ceiling, lawmakers still need to reach agreement on and pass the infrastructure and reconciliation bills, the National Defense Authorization Act, and the perennial package extending a number of expiring authorities. We also hear there is still a possibility Congress may advance an omnibus bill that addresses some yet-to-be determined veterans-related issues. Some of those issues may be covered in a series of hearings conducted by the House and Senate Veterans' Affairs Committees in late October and early November. PVA was invited to submit statements for some of these events, which we will cover in the next issue of the Washington Update.

## AGENCIES TAKE STEPS TO PROMOTE VOTER PARTICIPATION

On March 7, the President signed an Executive Order to leverage the resources of the federal government to increase access to voter registration services and information about voting. The Executive Order called for each agency to submit to the Domestic Policy Advisor a strategic plan outlining the ways that the agency can promote nonpartisan voter registration and voter participation. These strategic plans are just the beginning of each agency's commitments. In the weeks and months to come, agencies will further build out their capacity to get relevant information out to the public, help eligible voters better understand their opportunities for engagement, and facilitate participation in the electoral process.



Oregon Chapter

Oregon Paralyzed Veterans of  
America

Serving those who Served!

The Department of Defense (DOD) has announced that it will support a comprehensive approach to information and voting awareness for servicemembers and civilian personnel voting at home, in addition to the structure currently assisting members of the military stationed away from home and citizens overseas. DOD will develop materials in additional languages and send nonpartisan information at regular intervals before federal elections to ensure that eligible service members and their families — particularly first-time voters — have opportunities to register and vote, if they wish.

The Department of Justice has created an online resource for the public that will provide links to state-specific information about registering and voting; detail its enforcement of federal voting rights laws and guidance it has issued to jurisdictions on the scope of those laws; and explain how to report potential violations.

VA will provide materials and assistance in registering and voting for tens of thousands of inpatients and residents, including VA Medical Center inpatients and residents of VA nursing homes and treatment centers for homeless veterans. VA will also facilitate assistance in registering and voting for homebound veterans and their caregivers through VA's home-based and telehealth teams.

## NEWS OF NOTE

### • VA Bystander Intervention Training for Veterans

This free, online training course covers information and practical techniques that veterans can use if they observe harassment or sexual assault at a VA facility. It will enable veterans to feel confident in their ability to recognize a situation where harassment or sexual assault is taking place, know how to get help, and what to do or say to help prevent it from getting worse. VA is committed to maintaining a safe,

respectful, and welcoming environment in every VA facility. Veterans can contribute toward that effort by learning to recognize and respond to harassment and sexual assault through this 30-minute video session.

### • National Council on Disability Holds Quarterly Meeting

The National Council on Disability (NCD) held its quarterly meeting on October 7. The agenda covered a range of topics from a presentation by the Partnership for Inclusive Disaster Strategies on COVID-19, hurricanes, and other natural emergencies and their impact on people with disabilities living in congregate settings to updates on Council projects and reports. NCD currently has a study underway looking at the high death toll of people with disabilities during COVID and how community care could alleviate future problems. Its 2021 Progress Report focusing on COVID-19 will be released later this month and is to include recommendations on how to pandemic proof the US. Information about NCD and its work can be found [here](#).

### • September Labor Force Participation Rate for People with Disabilities Shows Improvement

In the Bureau of Labor Statistics (BLS) Jobs Report released October 8, the labor force participation rate for working-age people with disabilities increased from 35.6 percent in August 2021 to 36.4 percent in September 2021 (up 2.2 percent or 0.8 percentage points). For working-age people without disabilities, the labor force participation rate decreased from 76.8 percent in August to 76.5 percent in September 2021 (down 0.4 percent or 0.3 percentage points). The labor force participation rate is the percentage of the population that is working, not working and on temporary layoff, or not working and actively looking for work. "People with disabilities appear to be recovering faster than people without disabilities. In fact, their labor market engagement is now surpassing their pre-Pandemic levels," emphasized Andrew Houtenville, PhD, professor



## WEBINARS, BRIEFINGS, AND HEARINGS

• Every October, the federal government, businesses, and organizations mark National Disability Employment Awareness Month (NDEAM). The theme this year is America's Economic Recovery is Powered by Inclusion. PVA and many other organizations are hosting informative webinars and briefings on various aspects of workforce issues affecting people with disabilities.

### oCelebrate NDEAM with PVA - October 26 from 2 p.m. to 3 p.m. ET

Did you know that many veterans with disabilities are served by employment programs outside the VA? Many of these veterans seek employment opportunities through Social Security's Ticket to Work program, state vocational rehabilitation agencies, and state workforce systems. This webinar will feature the staff of PVA's Veterans Career Program who will share their insights and experiences serving these veterans along with stories of veterans like Tracey Cooper Harris and Jorge Chirinos. Register here.

### oCelebrate NDEAM 2021 and the 20th Anniversary of the ODEP – October 20 from 2 p.m. to 3 p.m. ET

U.S. Secretary of Labor Marty Walsh will join Assistant Secretary of Labor for Disability Employment Policy, Taryn Williams, for a virtual celebration of NDEAM and the 20th anniversary of the Office of Disability Employment Policy (ODEP). This event will feature dialogues with the Director of the Office of Federal Contract Compliance Programs, Jenny Yang, and Deputy Assistant Secretary for Disability Employment Policy, Jennifer Sheehy, along with a video showcase highlighting strategies in action for an equitable, disability-inclusive recovery. Register here.

### o CCD invites you to a briefing to celebrate NDEAM – October 28 from 1 p.m. to 2:30 p.m. ET

The Consortium for Citizens with Disabilities (CCD) will host two panel discussions on innovative strategies and best practices to recruit and hire people with disabilities in competitive integrated employment. The first panel will present how one state (Washington) successfully transitioned from sheltered workshops paying subminimum wages to competitive integrated employment. Learn how state, provider, and local leaders collaborated to create a legislative movement to phase out 14c. The second panel will tackle three critical themes: changing attitudinal barriers that impact workforce access, tracking technological developments driving opportunities for remote workers with disabilities, and the predictions about the labor force consequences of "Long COVID." Register here.

### oFederal Policy Priorities on Disability Employment: NDEAM 2021 and Beyond – November 10: 1 p.m. ET

Nineteen months into the COVID-19 pandemic and 10 months into the Biden Administration, this webinar will feature a host of high-level federal leaders reflecting on their work, their priorities, and their hopes for the months ahead and how to link greater inclusion, diversity, and equity to the economic recovery of America. Register here.

• For the latest VA committee hearings, please visit the House Veterans' Affairs Committee and Senate Veterans Affairs' Committee pages.





## ANNUAL AIR RIFLE & AIR PISTOL PROGRAM

**Cal-Diego Air Rifle and Pistol Tournament**  
December 3, 2021  
Camp Pendleton  
Camp Pendleton, CA

**Wisconsin Air Rifle and Pistol Tournament**  
March 11-12, 2022  
Milwaukee Tech Area College  
Milwaukee, WI

**Mid-Atlantic Air Rifle and Pistol Tournament**  
March 2022 (Dates TBD)  
Colonial Shooting Academy  
Richmond, VA

**Buckeye Air Rifle and Pistol Tournament \***  
April 14-16, 2022  
Spire Institute  
Geneva, OH  
*\*Buckeye Wheelchair Games*

## PVA BOATING/FISHING TOUR

**Mid-America Bass Tournament**  
September 10-12, 2021  
Lake Eufaula  
Eufaula, OK

**Vaughan Bass Tournament**  
October 8-10, 2021  
The Lakes of Egypt  
Marion, IL

**Southeastern Bass Tournament**  
October 15-17, 2021  
Thurmond/Clarks Hill Lake  
Evans, GA

**Florida Gulf Coast Bass Tournament**  
April 1-3, 2022  
Lake Toho  
Kissimmee, FL

**Kentucky-Indiana Bass Tournament**  
April 22-24, 2022  
Lake Barkley  
Kuttawa, KY

**Mid-Atlantic Bass Tournament**  
June 10-12, 2022  
James & Appomattox Rivers  
Hopewell, VA

**Capital Clash Bass Tournament**  
June 17-19, 2022  
Potomac River  
Waldorf, MD

## ANNUAL PVA/NWPA BILLIARDS TOURNAMENT SERIES

**Buckeye Billiards Tournament**  
July 17-18, 2021  
8 Ball Sports Bar & Billiards  
Columbus, OH

**Mid-South Billiards Tournament**  
October 15-16, 2021  
Clicks Billiards  
Memphis, TN

**Mid-Atlantic Billiards Tournament**  
March 18-20, 2022  
Diamond Billiards  
Midlothian, VA

## ANNUAL PVA/AWBA BOWLING TOURNAMENT SERIES

**Great Plains Bowling Tournament**  
July 29-August 1, 2021  
Thunderbowl  
Council Bluffs, IA

**Mid-Atlantic Bowling Tournament**  
September 24-26, 2021  
Bowl America  
Midlothian, VA

**Florida Gulf Coast Bowling Tourn.**  
February 23-25, 2022  
Pin Chasers  
Tampa, FL

**Vaughan Bowling Tournament**  
April 2022 (Dates TBD)  
Bowlero  
Romeoville, IL

## PVA NATIONAL SHOOTING SPORTS CIRCUIT

**North Central Trapshoot**  
September 11-12, 2021  
Crooks Gun Club  
Sioux Falls, SD

**Cal-Diego Trapshoot**  
March 25-27, 2022  
Redlands Shooting Park  
Redlands, CA

**Nevada Trapshoot**  
April 1-3, 2022  
Clark County Shooting Park  
Las Vegas, NV

**Florida Gulf Coast Trapshoot**  
May 13-15, 2022  
Silver Dollar Trap Club  
Odessa, FL

**Vaughan Trapshoot**  
June 3-5, 2022  
St. Charles Sportsmen's Club  
Elburn, IL

**Wisconsin Trapshoot**  
June 10-12, 2022  
Brown County Sportsman Club  
Green Bay, WI

**Iowa Shooting Trapshoot \***  
June 17-19, 2022  
Otter Creek Sportsman Club  
Cedar Rapids, IA  
*\*Dearborn Durame*

**Mid-Atlantic Trapshoot**  
(Dates TBD)  
Conservation Park of Virginia  
Charles City, VA

## BOCCIA

**IN Boccia Tournament**  
July 17-18, 2021  
Indianapolis, IN

**IN Boccia Tournament**  
September 25-26, 2021  
Bowling Green, KY

**Bayou Boccia Tournament**  
February 11-12, 2022  
Gulfport, MS

**Buckeye Boccia Tournament \***  
April 14-16, 2022  
Geneva, OH  
*\*Buckeye Wheelchair Games*

**Mid-Atlantic Boccia Tournament**  
May 2022 (Dates TBD)  
Richmond, VA

**Vaughan Boccia Tournament**  
(Dates TBD)  
Carol Stream, IL

## HANDICAP CLING

**Chelon Racing League ToAD Virtual Criterium Races**  
November 2021 - February 2022

**PVAR High Performance Camp**  
January 29 - February 3, 2022  
Brooksville, FL

**Museum of Aviation Marathon**  
January 15, 2022  
Warner Robins, GA

**Caribonike USA**  
February 5-6, 2022  
Gainesville, FL

**Valley of the Sun**  
February 18-20, 2022  
Phoenix, AZ

**ff-Road Spring po**  
April 13-16, 2022  
Chesterfield, VA

**Redlands Cycling Classic**  
April 20-24, 2022  
Redlands, CA

**Gettysburg Marathon**  
April 2022 (Dates TBD)  
Gettysburg, PA

**Tour of America's Dairylands**  
June 2022 (Dates TBD)  
Milwaukee, WI

**Wichita mnum**  
June 2022 (Dates TBD)  
Wichita, KS

## NATIONAL VETERANS WHEELCHAIR GAMES



July 7-12, 2022  
Tempe, AZ



# TAKE CONTROL OF YOUR HEALTH!

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- Prevent pneumonia and other respiratory problems
- Prevent painful and life-threatening pressure injuries (bed sores)

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OPTION AVAILABLE!**

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## Membership Application

An individual is eligible for membership by meeting the following criteria: (1) is a citizen of the United States; (2) was regularly enlisted, inducted or commissioned for active duty service in the Army, Navy, Marine Corps, Air Force, or Coast Guard of the United States, or our allies as evidenced by other-than-dishonorable character of service documented by a verifiable DD-214 or DD-215 (entry-level separation not acceptable); (3A) was separated from the service in the Armed Forces under conditions other than dishonorable; or (3B) is on active duty or must continue to serve after the cessation of hostilities; and (4) has suffered a spinal cord injury or disease (such as MS, ALS), whether or not service connected in origin. Membership is free. **Complete and return application to the chapter of choice or by mail/email to:** Paralyzed Veterans of America Membership Department, 801 Eighteenth Street, NW, Washington, DC 20006; (E) [membership@pva.org](mailto:membership@pva.org). Providing the requested information is entirely voluntary but required for membership with Paralyzed Veterans of America.

Chapter Name: \_\_\_\_\_

First Name: M Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Social Security Number: \_\_\_\_\_  Male  Female

**Race/Ethnicity:**

- Asian/Pacific Islander  African American/Descent  Hispanic/Latino  
 Native American/Alaskan Native  Caucasian

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: E \_\_\_\_\_ mail: \_\_\_\_\_

Home Phone: C \_\_\_\_\_ Cell Phone: \_\_\_\_\_

### VETERAN STATUS INFORMATION

**Please submit the following with application:**

- DD Form 214 showing character of discharge.
- Medical evidence of spinal cord injury or involvement (medical records or physician's statement).

**Proof of active duty status must be verified prior to membership approval.**

Have you been discharged under conditions that are less than honorable?  Yes  No

If yes, please explain: \_\_\_\_\_

Are you a United States citizen?  Yes  No

Do you have a spinal cord injury or disease?  Yes  No If disease, specify: \_\_\_\_\_

Is your spinal cord injury or spinal cord disease service connected?  Yes  No

If Paralyzed Veterans of America is your accredited representative, do you permit PVA Service Officers to provide information to PVA National Membership Department relative to your membership eligibility?  Yes  No

I declare under penalty of perjury that the foregoing is true and correct, that I have read and meet the qualifications and I understand that my membership could be denied or revoked if any information provided is inaccurate.

Applicant Signature: D \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Witness Signature: D \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



## Physician's Statement Form

\_\_\_\_\_ is a veteran who has a spinal cord injury or disease.

His/her diagnosis is:

Paraplegia

Quadriplegia

Brown Sequard Syndrome

Cauda Equina Syndrome

ALS

Multiple Sclerosis (involving the spinal cord)

Transverse Myelitis

Other (please specify) \_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Physician's Name

\_\_\_\_\_  
Physician's Title

\_\_\_\_\_  
Physician's Phone/Email

\_\_\_\_\_  
Date Signed





**Oregon Paralyzed Veterans of America**  
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